

**CATHOLIC
EDUCATION
MELBOURNE**

Seeking to Live the Good News

STUDENT WORKBOOK

YEAR
4

Seeking to Live the Good News Student Workbook Year 4

Published by the Catholic Education Office Melbourne
James Goold House, 228 Victoria Parade
East Melbourne Victoria 3002
www.ceomelb.catholic.edu.au

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This Student Workbook is a companion to *Seeking to Live the Good News Catechist Book, Year 4*.

Lessons 1, 15–24 have been adapted from *Preparing to Receive the Sacrament of the Holy Eucharist*, 2nd Edition, 2009, James Goold House Publications, Melbourne. Used with permission.

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Photography: Kaye Clancy (pages 66, 86)

Illustrations: Kay Whelan (pages 98, 100), Kaye Clancy (page 80)

All other artwork: Nova Development Corporation 2004, Art Explosion Image Library, Calabasas, CA.

ISBN 978-0-86407-430-0

Nihil Obstat: Reverend Gerard Diamond MA (Oxon), LSS, D.Theol
Diocesan Censor

Imprimatur: Monsignor Greg Bennet
Vicar General

Date: 15 April 2013

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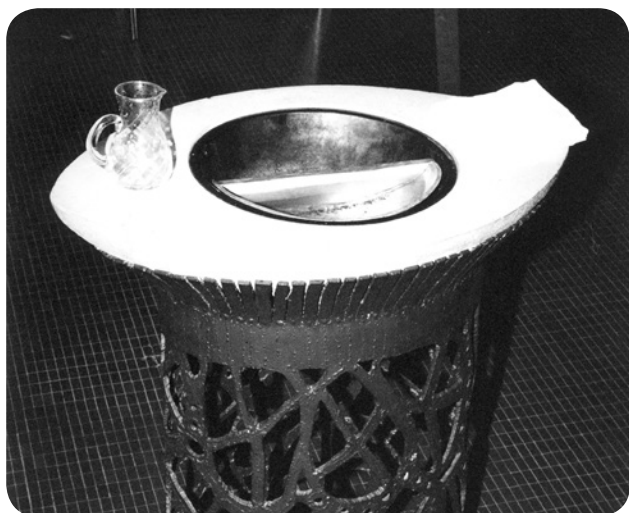
Belonging to God's Family



The Priest says:

'I baptise you in the name of the Father
and of the Son and of the Holy Spirit.'

I belong to God's family, the Catholic community.



When Father poured baptismal
..... over me
I became a member of God's family.

Father anointed me with holy oil to
..... me and
strengthen me.



3



Father gave me my Baptism
candle to remind me that Jesus'
..... will show
me how to live as a member of
God's family.

| | | |
|--------------|--------------|--------------|
| bless | water | light |
|--------------|--------------|--------------|

My Responsibilities

Some of my responsibilities as a member of God's family, the Catholic community, are:

.....

.....

.....

.....

.....

.....

.....

.....

Let us pray

4

Catechist: Let's be still and silent as we remember that we are in God's presence.

We gather here as a sign that we belong to God's Family. We want to say 'thank you' for inviting us to be part of God's family.

Reader 1: Lord, help us to share with others the joy of belonging. Lord, hear us.

All: **Lord, hear our prayer.**

Reader 2: We thank you for all those people who have shown us many different signs of belonging. Lord, hear us.

All: **Lord, hear our prayer.**

Catechist: Father, we thank you for hearing our prayers. We ask you to fill us with your Spirit, so that we can live as members of your family.

All: **Amen.**

SOMETHING TO REMEMBER

I belong to God's family, the Catholic community.

I am Unique

This Is Me

| Coloured Hat Thinking ... | My Answers |
|---|------------|
| <p>WHITE HAT What am I like and what has happened in my life?</p> <p>Describe how you are, your looks, your age, your family ...</p> | |
| <p>YELLOW HAT What things am I really good at? What things can I do that no one else can?</p> <p>E.g. I am very good at making wooden toys ...</p> | |
| <p>RED HAT How would I describe myself in terms of feelings?</p> <p>E.g. I am a happy person, sad person, I get angry often, I am often frightened, I am ...</p> | |
| <p>GREEN HAT How do you use your gifts and abilities to make God's world a better place?</p> | |

I Am Unique

Write your name in the banner. Copy one of your gifts from the Yellow Hat answers into the space below and describe how you would use your gift for good.



My name is ...

My gift is ...

This is how I can use it to make sure God's world is a good place to live.

SOMETHING TO REMEMBER

Rearrange these letters to spell out the sentence to remember.

M U Q I A N E U I

.....

Let us pray

All:

In the name of the Father ...

God, creator of all that is good,

you created me to be unique with special gifts.

Thank you for the gifts that allow me to serve you
in a special way like no one else can.

Help me to remember to always use
my unique gifts to do good.

We make this prayer
through Christ, our Lord.

Amen.

Lent

Let us pray

Catechist: The wilderness is a place where very little grows. Yet when Jesus spent time in the wilderness his love for his Father grew stronger. We remember this time during Lent and ask God to help us to grow closer to Jesus.

All: **Jesus, our Lord, you spent time in the wilderness to help make you stronger. Please help us to find ways to grow closer to you during Lent. Amen.**

My Fasting

Think about these questions and then record your answers in the space provided.

8

What favourite treats might I sometimes fast from?

.....
.....
.....

How often might I fast?

.....
.....
.....

What action can I take on, e.g. eat my least favourite food without grumbling?

.....
.....
.....

My Prayer

Think about these questions and then record your answers in the space provided.

When will I pray?

.....

.....

.....

What will I pray?

.....

.....

.....

How often will I pray?

.....

.....

.....



My Giving

Think about these questions and then record your answers in the space provided.

What can I give?

.....

.....

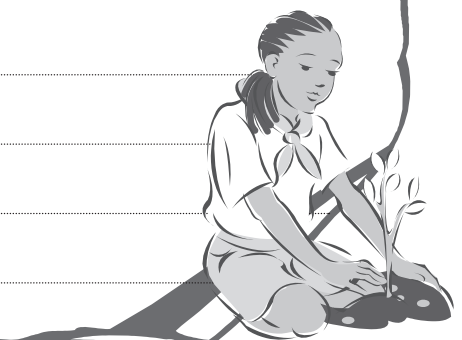
.....

How often and how much can I give?

.....

.....

.....



God Is Our Father

Let us pray

All: Jesus, you revealed God, our Father, through the way that you lived, through the things that you said and through the people you healed.

Help us to reflect on your words and actions, so that we might come to know God, our Father, more personally.

We make this prayer through Jesus, our brother.

Amen.

In the name of the Father...



Jesus Calls God, Father.

Read the passages from Scripture and identify what Jesus is telling us God, our Father, is like. Then answer the question: **Why do you think Jesus wanted us to know this about God?** Record your answers in the space beside each text.

'Forgive people when they sin against you. If you do, your Father who is in heaven will also forgive you.'

(Matthew 6: 13-15)

'What do you think? If a shepherd has a hundred sheep, and one of them has gone astray, does he not leave the ninety-nine on the mountains and go in search of the one that went astray? And if he finds it, truly I tell you, he rejoices over it more than over the ninety-nine that never went astray.'

(Matthew 18: 12-13)

'But love your enemies, do good, and lend, expecting nothing in return. Your reward will be great, and you will be children of the Most High; for he is kind to the ungrateful and the wicked. Be merciful, just as your Father is merciful.'

(Luke 6: 35-36)

SOMETHING TO REMEMBER

Jesus told us that God is our Father.



Reconciliation

Let us pray

Catechist: Loving friendships are at the centre of our lives. Sometimes we damage or destroy our friendships by the things we do.

Students: Lord, help us to change.

Catechist: Sometimes we damage or destroy our friendships by the things we say.

Students: Lord, help us to change.

Catechist: Sometimes we damage or destroy our friendships by the things we fail to do.

Students: Lord, help us to change.

Catechist: Sometimes we damage or destroy our friendships by the things we fail to say.

Students: Lord, help us to change.

Reconciliation is ...

SOMETHING TO REMEMBER

**When I go to the Sacrament of Reconciliation
I receive God's forgiveness.**



Let us pray

Catechist: God of all goodness, you are always ready to take us back.

Students: **Thank you, God, for always forgiving us when we go to the sacrament of Reconciliation.**

Catechist: When we return to you to make amends and restore our relationship you take us back.

Students: **Thank you, God, for always forgiving us when we go to the sacrament of Reconciliation.**

Catechist: When we approach you through the sacrament of Reconciliation we are certain that you will forgive us.

Students: **Thank you, God, for always forgiving us when we go to the sacrament of Reconciliation.**

Jesus' Law of Love

Let us pray

God, our Father,
today we're going to learn more about Jesus' law of love.
Help us to show respect, kindness and honesty
in our relationships with others.
We ask this through Jesus, our Lord.

Amen.

The Greatest Commandment

A lawyer asked him a question to test him.
'Teacher, which commandment in the law is the greatest?'
He said to him, 'You shall love the Lord your God with all your
heart, and with all your soul, and with all your mind.
This is the greatest and first commandment. And a second
is like it: 'You shall love your neighbour as yourself'.

(Matthew 22: 36–39)



The Gift of Love

Love is patient; love is kind; love is not envious or boastful or arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice in wrongdoing, but rejoices in the truth. It bears all things, believes all things, hopes all things, endures all things.

(1 Cor 13: 4–7)

Jesus' Law of Love Activity

Think of your neighbours. Honestly look at how you act towards these people and put a tick in the appropriate column on the right.

| How do I treat others? | Always | Often | Seldom | Never |
|---|--------|-------|--------|-------|
| Love is patient. How often am I patient? | | | | |
| Love is kind. How often am I kind? | | | | |
| Love is not jealous. How often am I jealous? | | | | |
| Love is not showing off. How often do I show off? | | | | |
| Love is not rude. How often am I rude? | | | | |
| Love does not insist on its own way. How often do I insist on my own way? | | | | |
| Love is not bad-tempered. How often am I bad-tempered? | | | | |
| Love is truthful. How often am I truthful? | | | | |
| Love puts up with all things. How often do I put up with all things. | | | | |
| Love hopes all things. How often am I hopeful? | | | | |

Answer the following questions in the space provided.

What qualities of love do I find the easiest?

What qualities of love do I find the hardest?

SOMETHING TO REMEMBER

**I can be faithful to Jesus' law of love
in how I treat others.**

Palm Activity

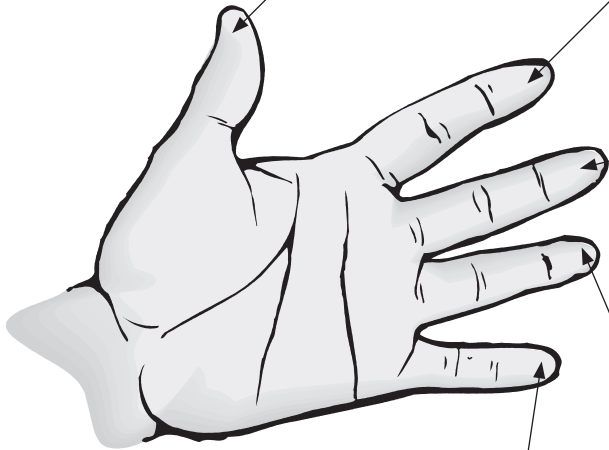
1. Three things I have learnt about love:

2. My feelings about love are:

3. Love is like ...

5. If I have a fight with my neighbour
what will I do?

4. What will I do to show love to my
neighbour this week?



Let us pray

Jesus, Lord of love,
send your Spirit of love so that we can love as much as you do.
We make this prayer through Christ, our Lord. Amen.

St Francis Xavier and St Monica

Let us pray

Catechist: Jesus, son of God, you guided St Francis Xavier and St Monica to live their lives proclaiming God and working to make God known to those around them. Help us to find in the lives of St Francis and St Monica good examples for living your word.

Students: **Jesus, thank you for the lives of St Monica and St Francis Xavier.**

Catechist: Help us to become the best people we can be.

Students: **Jesus, thank you for the lives of St Monica and St Francis Xavier.**

Catechist: Help us to do the right thing by others.

Students: **Jesus, thank you for the lives of St Monica and St Francis Xavier.**

Catechist: Help us to become strong in our faith and belief in you.

Students: **Jesus, thank you for the lives of St Monica and St Francis Xavier.**

Catechist: May we follow in the footsteps of St Monica and St Francis Xavier as we seek to live our lives as you would want.

Students: **Jesus, thank you for the lives of St Monica and St Francis Xavier.**

All: **Amen.**

St Francis Xavier

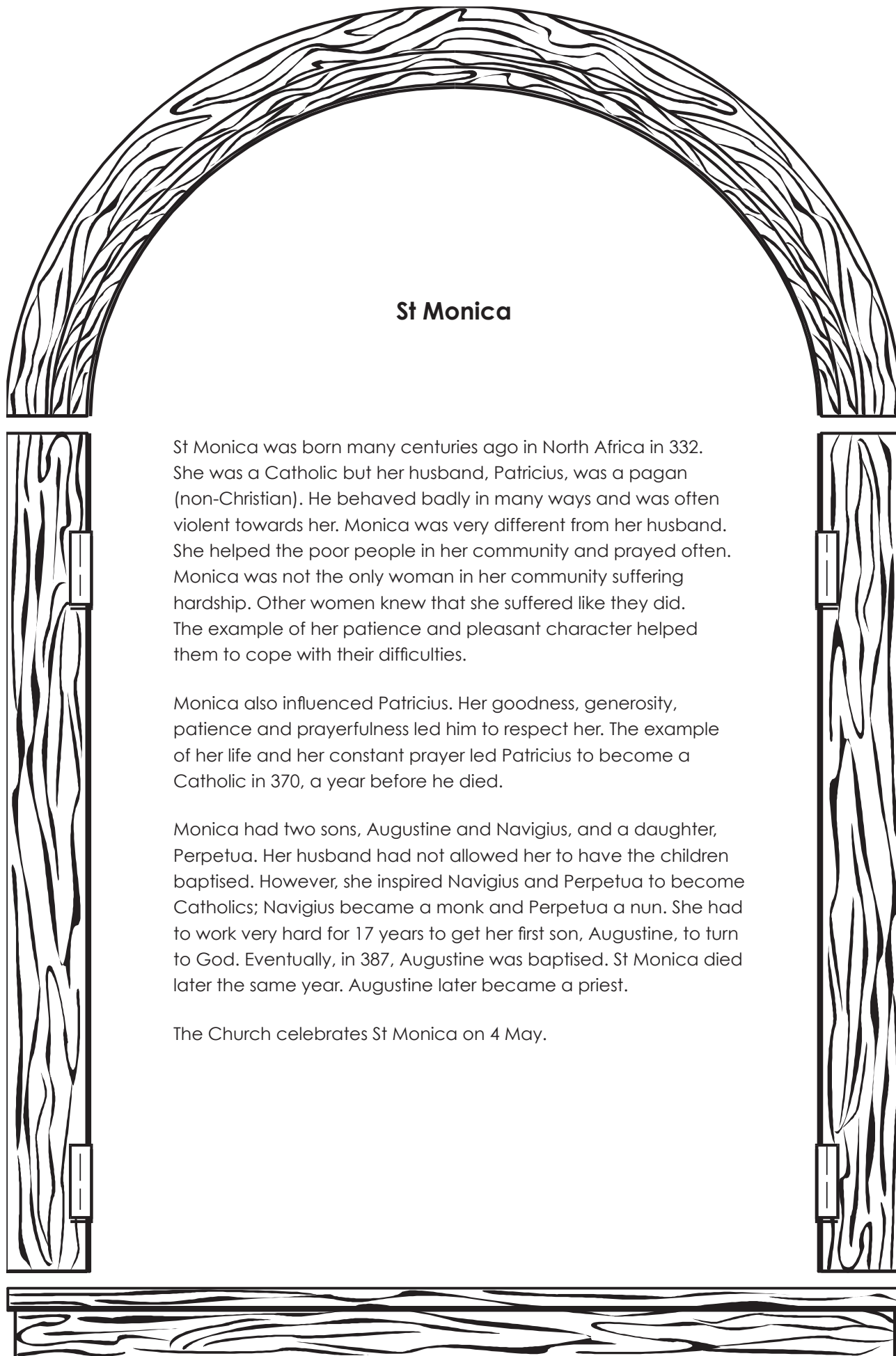
Francis Xavier was born in Navarre, Spain, on 7 April 1506. As a young man he studied in Paris where he met Ignatius Loyola. In 1534 Ignatius, with Francis and five others, founded a new religious community, the Society of Jesus (Jesuits), to work with Muslims in the Middle East and to do whatever the Pope wished. In 1536 Francis and his fellow Jesuits went to Venice, Italy, where he cared for the sick in the hospitals and prepared to become a priest. On 24 June 1537 he was ordained. Later he spent some time in Rome and then in Lisbon.

Francis dedicated most of his life to bringing the Good News of Jesus to people in Asia. He took with him a breviary, a catechism and a Latin book about the good lives of the saints. In 1542, he arrived in Goa, India. He would walk through the streets ringing a small bell to invite children to gather with him in a nearby church where he taught them the catechism. Later he worked to restore Christianity among the pearl fishers. Despite many difficulties he spent three years telling the people about Jesus and the love of God.

For about two years he worked to spread the Good News of Jesus to the people of Malaya and the Molucca Islands in Indonesia. Then he became interested in taking the Good News to the people of Japan. In 1549 Francis and three companions landed in Kagoshima where they spent a year learning Japanese. Once he was able speak the language Francis began telling the people about Jesus and teaching them the catechism. He travelled round Japan, spreading the Good News and forming small Christian communities. After about two and a half years he left Father Cosmé de Torres in charge of the mission and returned to Goa at the beginning of 1552. Next, he began to plan a mission to China.

In April 1552 Francis and three companions, set sail for China. Towards the end of August 1552 they reached the Chinese island of Shangchuan, about 14 kilometres from the Chinese coast. While they were working out the best way to reach China, Francis died from a fever on 3 December 1552. He was 46 years old.

The Church celebrates St Francis Xavier on 3 December.



St Monica

St Monica was born many centuries ago in North Africa in 332. She was a Catholic but her husband, Patricius, was a pagan (non-Christian). He behaved badly in many ways and was often violent towards her. Monica was very different from her husband. She helped the poor people in her community and prayed often. Monica was not the only woman in her community suffering hardship. Other women knew that she suffered like they did. The example of her patience and pleasant character helped them to cope with their difficulties.

Monica also influenced Patricius. Her goodness, generosity, patience and prayerfulness led him to respect her. The example of her life and her constant prayer led Patricius to become a Catholic in 370, a year before he died.

Monica had two sons, Augustine and Navigius, and a daughter, Perpetua. Her husband had not allowed her to have the children baptised. However, she inspired Navigius and Perpetua to become Catholics; Navigius became a monk and Perpetua a nun. She had to work very hard for 17 years to get her first son, Augustine, to turn to God. Eventually, in 387, Augustine was baptised. St Monica died later the same year. Augustine later became a priest.

The Church celebrates St Monica on 4 May.

St Francis Xavier Talks to St Ignatius of Loyola

St Francis, along with St Ignatius and five others, established the Society of Jesus (Jesuits), a group of men dedicated to spreading the word of God. Write in the scroll below what St Ignatius might have told St Francis about how he expected the Society to spread the word of God.

St Francis Xavier:

St Ignatius of Loyola:

St Francis:

St Ignatius:

St Francis:

Monica's Dialogue with God

St Monica prayed often to God. In the hand shape below, write the conversation St Monica might have had with God.

Monica:

God:

Monica:

God:

Monica:

These saints show us how to live like Jesus:

St Francis Xavier shows us how to live like Jesus by

.....

.....

.....

St Monica shows us how to live like Jesus by

.....

.....

.....

SOMETHING TO REMEMBER

**St Francis Xavier and St Monica
show me how to live like Jesus.**

23

Let us pray

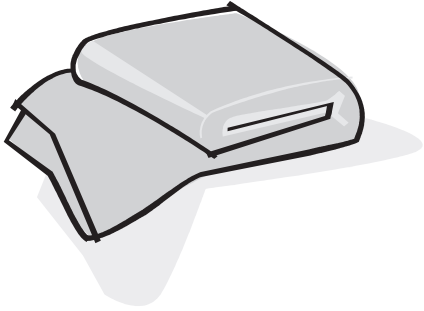

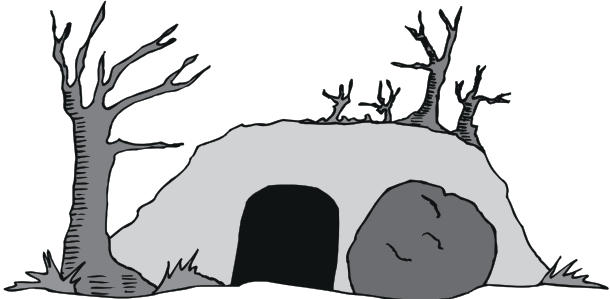
Catechist: God, our heavenly Father, you gave us good people like St Monica and St Francis Xavier to show us how to live. Help us to look to the lives of the saints for good role models for living a good life.

Students: **God, our Father, the lives of St Monica and St Francis remind us of how you want us to live. Help us to be more like them in our prayer and in our actions. We make our prayer through Jesus, our brother.**

Amen.

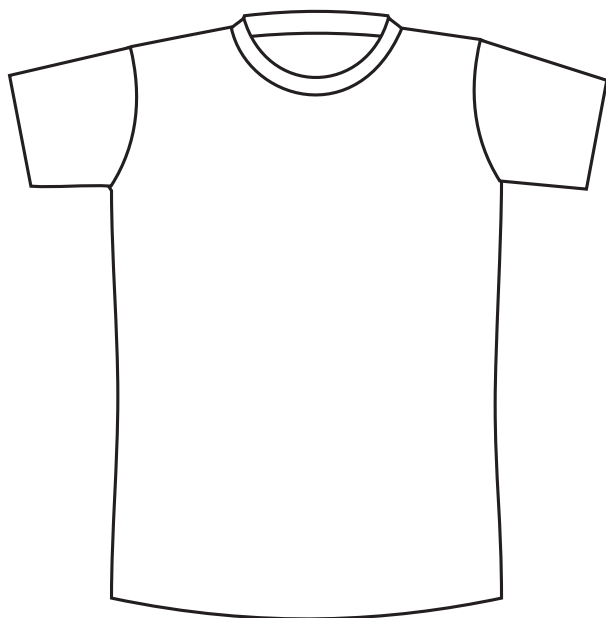
Easter

Traditional Symbols for Easter

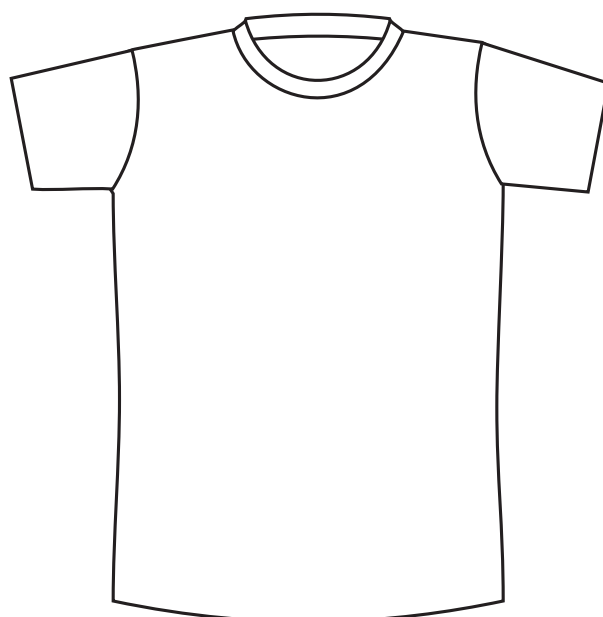
| Event | Symbol |
|--|--|
| <p>Holy Thursday Jesus washed the feet of his disciples and showed us that we must care for each other.</p> |  |
| <p>Good Friday Jesus died on the cross.</p> |  |
| <p>Easter Sunday After three days, Jesus rose from the dead.</p> |  |

My Symbols for Easter

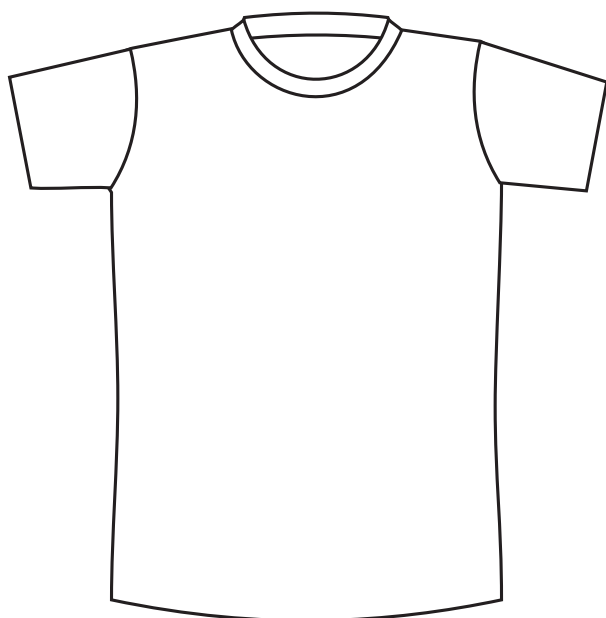
The major events of Easter are Holy Thursday, Good Friday and Easter Sunday. One of the events on Easter Sunday was Jesus' appearance to the disciples on the road to Emmaus. On the t-shirts below, create your symbol for each of these major events.



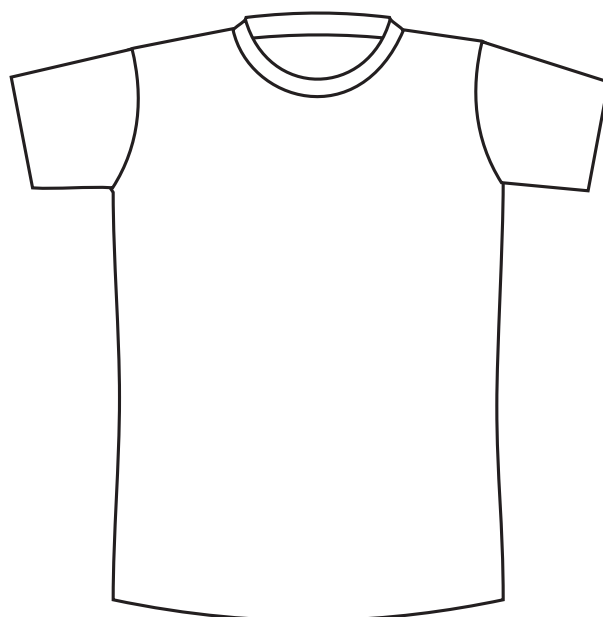
Holy Thursday



Good Friday



Easter Sunday



The Road to Emmaus

Let us pray

Catechist: Let us prepare to pray. Be still and remember what we have been talking about in our lesson today. Let us praise and thank God in our prayer.

**All: The Lord has risen indeed.
 The Lord is with us.
 Alleluia.**

Catechist: Lord God, during the great feast of Easter we remember that Jesus gave us the Eucharist. For this great gift, we give thanks.

**All: The Lord has risen indeed.
 The Lord is with us.
 Alleluia.**

Catechist: Lord God, during the great feast of Easter Jesus told us to serve each other. Help us to live out this Easter message each day.

**All: The Lord has risen indeed.
 The Lord is with us.
 Alleluia.**

Catechist: Lord God, during the great feast of Easter Jesus was crucified. May we take time to think about the importance of Jesus' actions in our lives.

**All: The Lord has risen indeed.
 The Lord is with us.
 Alleluia.**

Catechist: Lord God, during the great feast of Easter the women could not find Jesus. May we keep searching when we have to work hard to find Jesus.

**All: The Lord has risen indeed.
 The Lord is with us.
 Alleluia.**

Catechist: Lord God, during the great feast of Easter the disciples met Jesus on the road to Emmaus. Help us to understand the mysteries of Jesus life, death and resurrection.

**All: The Lord has risen indeed.
 The Lord is with us.
 Alleluia.**

All: Amen.

SOMETHING TO REMEMBER

Easter is the most important feast for the Church.

Jesus' Life, Death and Resurrection

Let us pray

Risen Jesus,
be with us as we begin
our class today.
Help us to learn about your life,
death and resurrection.
Amen.

An Aspect of Jesus' Life

Again he entered the synagogue, and a man was there who had a withered hand. They watched Jesus to see whether he would cure him on the sabbath, so that they might accuse him. And he said to the man who had the withered hand, 'Come forward.' Then he said to them, 'Is it lawful to do good or to do harm on the sabbath, to save life or to kill?' But they were silent. He looked around at them with anger; he was grieved at their hardness of heart and said to the man, 'Stretch out your hand.' He stretched it out, and his hand was restored. The Pharisees went out and immediately conspired with the Herodians against him, how to destroy him. (Mark 3: 1-6)

Another Aspect of Jesus' Life

When he entered Capernaum, a centurion came to him, appealing to him and saying, 'Lord, my servant is lying at home paralysed, in terrible distress.' And he said to him, 'I will come and cure him.' The centurion answered, 'Lord, I am not worthy to have you come under my roof; but only speak the word, and my servant will be healed. For I also am a man under authority, with soldiers under me; and I say to one, "Go", and he goes, and to another, "Come", and he comes, and to my slave, "Do this", and the slave does it.' When Jesus heard him, he was amazed and said to those who followed him, 'Truly I tell you, in no one in Israel have I found such faith.' (Matthew 8: 5-10)

An Account of Jesus' Death

It was now about noon, and darkness came over the whole land until three in the afternoon, while the sun's light failed; and the curtain of the temple was torn in two. Then Jesus, crying with a loud voice, said, 'Father, into your hands I commend my spirit.' Having said this, he breathed his last. When the centurion saw what had taken place, he praised God and said, 'Certainly this man was innocent.' And when all the crowds who had gathered there for this spectacle saw what had taken place, they returned home, beating their breasts. But all his acquaintances, including the women who had followed him from Galilee, stood at a distance, watching these things. (Luke 23: 44-49)

A Resurrection Story

When the sabbath was over, Mary Magdalene, Mary, the mother of James, and Salome bought spices, so that they might go and anoint him. And very early on the first day of the week, when the sun had risen, they went to the tomb. They had been saying to one another, 'Who will roll away the stone for us from the entrance to the tomb?' When they looked up, they saw that the stone, which was very large, had already been rolled back. As they entered the tomb, they saw a young man, dressed in a white robe, sitting on the right side; and they were alarmed. But he said to them, 'Do not be alarmed; you are looking for Jesus of Nazareth, who was crucified. He has been raised; he is not here. Look, there is the place they laid him. But go, tell his disciples and Peter that he is going ahead of you to Galilee; there you will see him, just as he told you.' So they went out and fled from the tomb, for terror and amazement had seized them; and they said nothing to anyone, for they were afraid. (Mark 16: 1-8)

Complete the Sentence.

The most important thing I learnt today is:

.....

.....

.....

.....

I learnt this through reading some stories in the New Testament.

SOMETHING TO REMEMBER

**I know about Jesus' life, death and resurrection
through the stories in the New Testament.**

Stories from the Old Testament

Let us pray

Catechist: Let us pray to God, that we will hear the message God wants us to hear, that we will understand more about the life of Jesus and his message through this story.

We make our prayer through Jesus, God's Son.

All: Amen.

The Widow of Zarephath

Then the word of the Lord came to him, saying, 'Go now to Zarephath, which belongs to Sidon, and live there; for I have commanded a widow there to feed you.' So he set out and went to Zarephath. When he came to the gate of the town, a widow was there gathering sticks; he called to her and said, 'Bring me a little water in a vessel, so that I may drink.' As she was going to bring it, he called to her and said, 'Bring me a morsel of bread in your hand.' But she said, 'As the Lord, your God, lives, I have nothing baked, only a handful of meal in a jar, and a little oil in a jug; I am now gathering a couple of sticks, so that I may go home and prepare it for myself and my son, that we may eat it, and die.' Elijah said to her, 'Do not be afraid; go and do as you have said; but first make me a little cake of it and bring it to me, and afterwards make something for yourself and your son. For thus says the Lord, the God of Israel: The jar of meal will not be emptied and the jug of oil will not fail until the day that the Lord sends rain on the earth.' She went and did as Elijah said, so that she, as well as he and her household, ate for many days. The jar of meal was not emptied, neither did the jug of oil fail, according to the word of the Lord that he spoke by Elijah (1 Kings 17: 8–15).

My Response

SOMETHING TO REMEMBER

Jesus Told Parables

The Parable of the Widow and the Unjust Judge

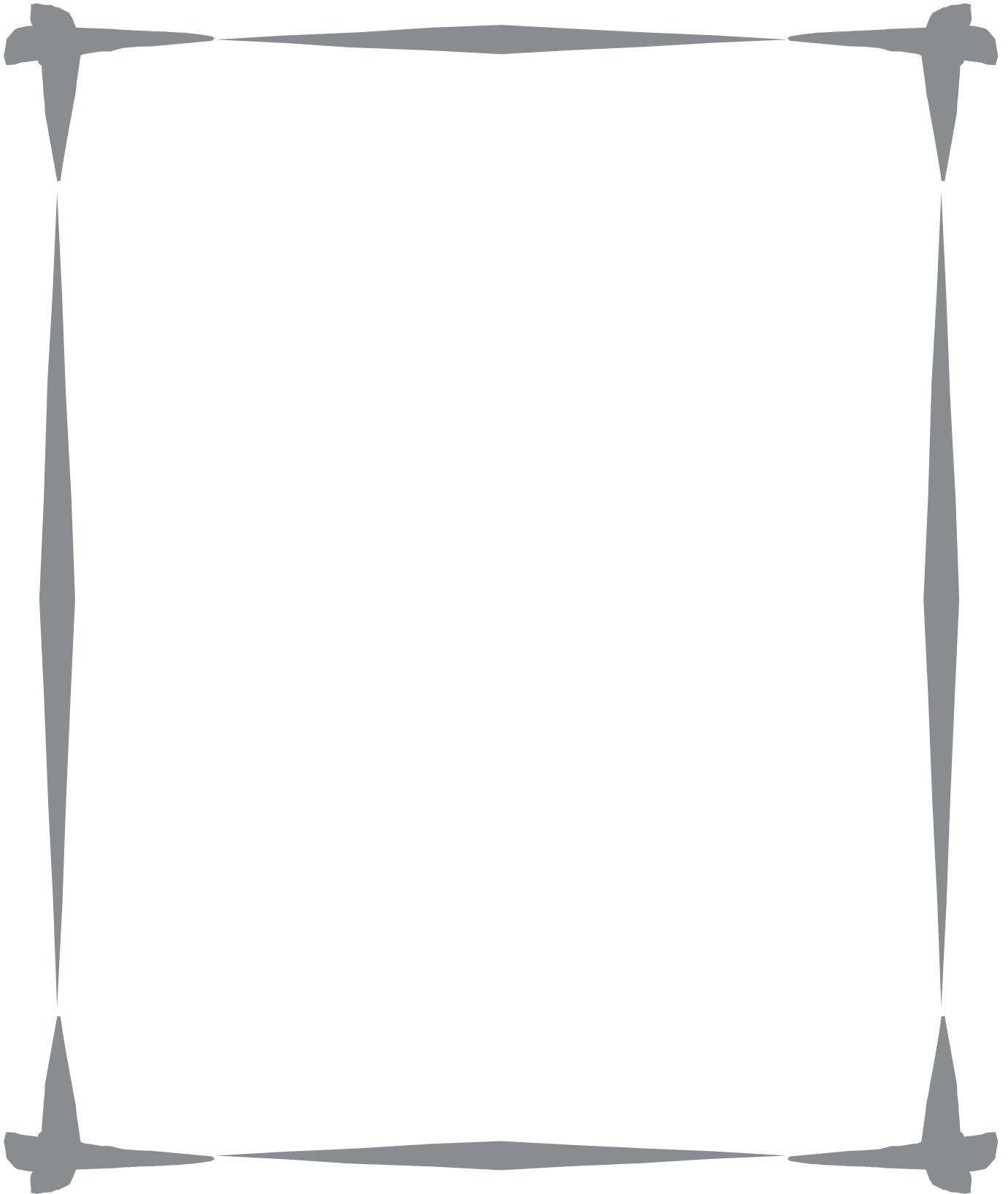
Then Jesus told them a parable about their need to pray always and not to lose heart. He said, 'In a certain city there was a judge who neither feared God nor had respect for people. In that city there was a widow who kept coming to him and saying, "Grant me justice against my opponent." For a while he refused; but later he said to himself, "Though I have no fear of God and no respect for anyone, yet because this widow keeps bothering me, I will grant her justice, so that she may not wear me out by continually coming".' And the Lord said, 'Listen to what the unjust judge says. And will not God grant justice to his chosen ones who cry to him day and night? Will he delay long in helping them? I tell you, he will quickly grant justice to them. And yet, when the Son of Man comes, will he find faith on earth?' (Luke 18: 1-8)

Questions I have about this parable ...

God Cares for Us

What does this parable tell us about God and God's care for us?

In the space below, record your response to this question as a letter to a friend or a story from today. Alternately, you can also respond by drawing a cartoon strip in the boxes provided on the next page.



God Cares for Us (continued)

Draw your cartoon strip in the boxes below.

| | | |
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| | | |

Let us pray
God, we know that you will always care for us and be there for us.
Help us to remember to pray to you and seek you out
in our good times and in our bad times.
We make this prayer through Christ, our Lord.
Amen.

SOMETHING TO REMEMBER

**The parables tell me
how much God
cares for me.**

Miracles Teach Us about Jesus and God

Word Meanings

- Lepers:** In Jesus' time, people who had a skin disease were called lepers. They were excluded from the community until the skin disease was healed. Before lepers could rejoin the community a priest had to make sure that they were cleansed (made clean).
- Pity:** Being able to understand another person's suffering and wanting to do something about it.



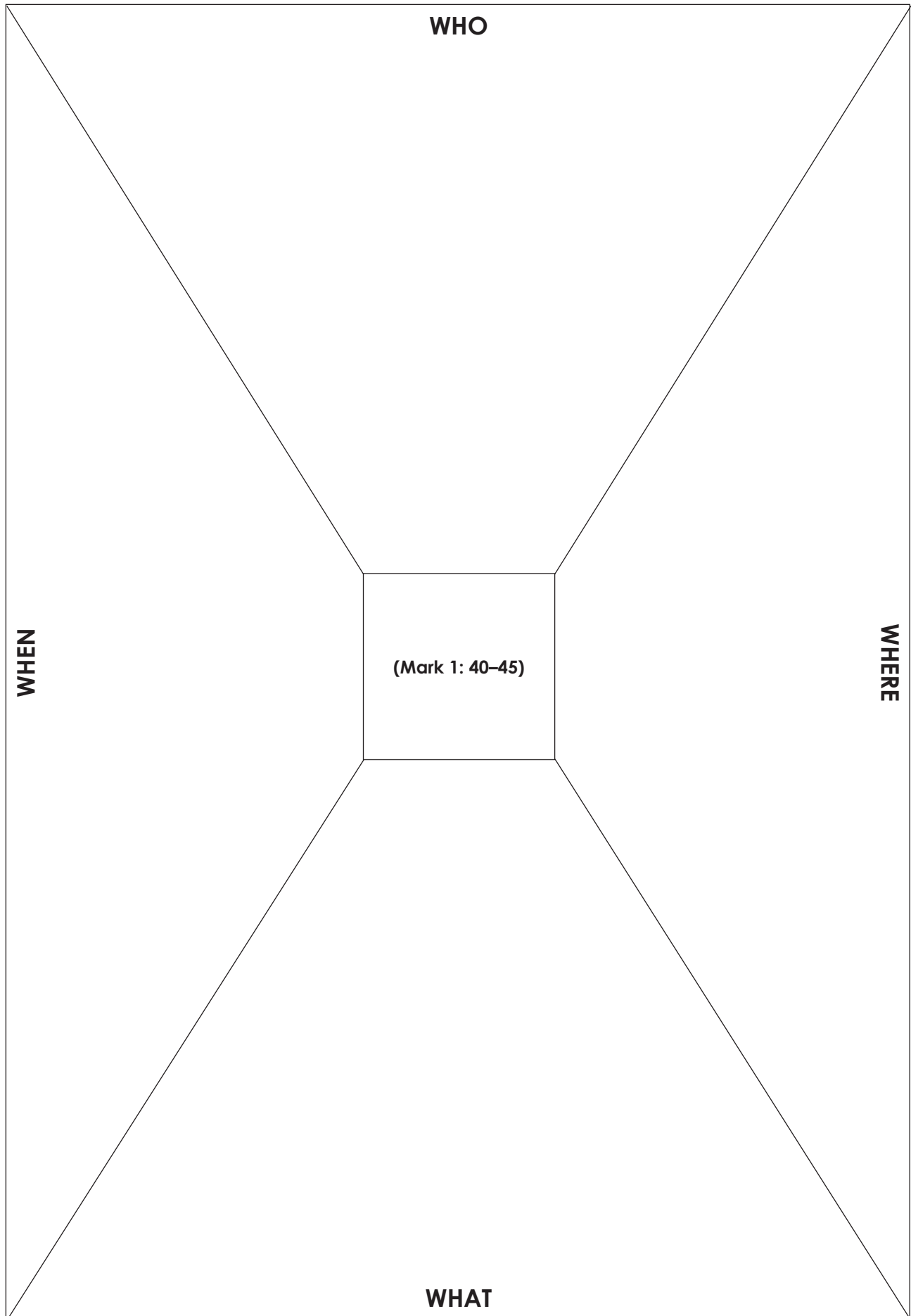
A story from Mark's Gospel

A leper came to him begging him, and kneeling he said to him, 'If you choose, you can make me clean.' Moved with pity, Jesus stretched out his hand and touched him, and said to him, 'I do choose. Be made clean!' Immediately the leprosy left him, and he was made clean. After sternly warning him he sent him away at once, saying to him, 'See that you say nothing to anyone; but go, show yourself to the priest, and offer for your cleansing what Moses commanded, as a testimony to them.' But he went out and began to proclaim it freely, and to spread the word, so that Jesus could no longer go into a town openly, but stayed out in the country; and people came to him from every quarter.

(Mark 1: 40–45)



Who, When, Where, What Activity



My List of Words Describing God

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How I Think God Looks

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Complete the Sentence.

After reading the story of the leper and thinking about it, I think God is:

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Let us pray

Catechist:
God, our Father, today we have learnt
a little bit about what you are like.
We ask that you help us to become more like you.
Lord, hear us.

All:
Lord, hear our prayer.

Student 1:
God, our Father, help me to be
..... like you.
Lord, hear us.

All:
Lord, hear our prayer.

(Continue in this way for all the remaining five students.)

Catechist:
God, our Father, we place all our prayers before you
in believing that you will hear them.

All:
Amen.



SOMETHING TO REMEMBER

**Miracles tell me about Jesus
and about God.**



The Holy Spirit Lives in the Church

Let us pray

Catechist: As we pray today, think about how you allow Jesus to be part of your life. Do you speak to Jesus in prayer? Do you take to heart the message of Jesus that you hear at Mass on Sunday or hear in our lessons? Do you try to live the message of Jesus? Just spend a few moments thinking about this.

Catechist: Let us sing the following to the tune of *Amazing Grace*.

All: **The Church's life, its growth and joy
Come from the Holy Spirit.
The Spirit's presence in our lives
Means we bring Christ to others.**

Reader: A reading from the Gospel of John (Jn 14: 25–26).
I have said these things to you while I am still with you. But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you everything, and remind you of all that I have said to you. The word of the Lord.

All: **Thanks be to God.**

Catechist: Our response is: Be in us, Holy Spirit.

All: **Be in us, Holy Spirit.**

Catechist: That we may be willing to grow:

All: **Be in us, Holy Spirit.**

Catechist: That we acknowledge that the joys of life are important:

All: **Be in us, Holy Spirit.**

Catechist: We make this prayer through Christ, our Lord.

All: **Amen.**

Questions to Answer.

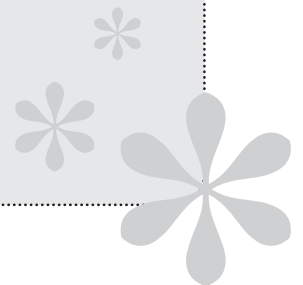
What is the Church?

Who is the Holy Spirit?

A Reading from the Acts of the Apostles

Awe came upon everyone, because many wonders and signs were being done by the apostles. All who believed were together and had all things in common; they would sell their possessions and goods and distribute the proceeds to all, as any had need. Day by day, as they spent much time together in the temple, they broke bread at home and ate their food with glad and generous hearts, praising God and having the good will of all people.

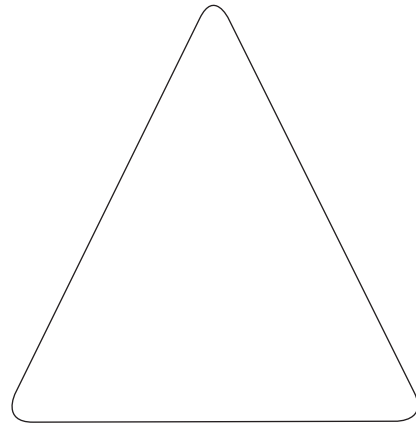
(Acts 2: 43–47)



The Spirit in the Church Activity

What **SHAPE** do you think represents the Spirit in the Church? Draw the shape below.

What **COLOUR** do you think represents the Spirit in the Church? Colour the triangle the colour you have chosen.



What **SYMBOL** would you give the Spirit in the Church? Draw the symbol below.

SOMETHING TO REMEMBER

The growth, joy and life of the Church comes from the Holy Spirit.

The Holy Spirit and the Sacraments

Let us pray

Catechist:

Today we will be thinking about the Holy Spirit.
In particular how we celebrate the Holy Spirit
when we receive the sacraments.
So let us begin with a prayer to the Holy Spirit.

Catechist:

Come, Holy Spirit, fill the hearts of your faithful,

Students:

And kindle in them the fire of your love.

Catechist:

Send forth your spirit and they shall be created,

Students:

And you will renew the face of the earth.

Catechist:

Lord, by the light of the Holy Spirit,
you have taught the hearts of your faithful.
In the same Spirit, help us to love what is right
and be happy in your loving care.
We ask this through Christ, Our Lord.

All:

Amen.

The Holy Spirit and the Sacraments Grid

| The name of the sacrament | Who is involved in the sacrament? | How is the Holy Spirit present? | What is celebrated? |
|------------------------------|---|--|--|
| BAPTISM | Person to be baptised Parents Godparents Priest Community (sometimes) | In the pouring of the water In the anointing with oil In the presence of the priest In the belief of the parents and godparents In the welcome by the community ... | Belonging Becoming a follower of Jesus Becoming a member of the parish community (faith community) ... |
| RECONCILIATION | Priest Penitent Community (sometimes) | In the seeking and receiving of forgiveness In the priest In the penitent In the community (If 2nd Rite) welcoming the person back ... | Forgiveness Returning to God The healing action of the Holy Spirit Being welcomed back into the community ... |
| EUCCHARIST | Priest Community | When the priest calls upon the Holy Spirit to bless the gifts In the prayers calling on the Holy Spirit In the lives of those present, the community ... | The life, death and resurrection of Jesus The Body and Blood of Jesus The promise of the Holy Spirit The gift of the Holy Spirit ... |
| CONFIRMATION | Bishop Candidate Community | Through the bishop Through the anointing with chrism Through the words spoken by the bishop ... | The gifts of the Holy Spirit The confirmation of faith The gift of the Spirit given at baptism ... |
| MARRIAGE | Bride Groom Priest Community | In the love expressed between the man and the woman The acknowledgment of the marriage by the community ... | The love the couple have for each other The couple's love is from God and of the Holy Spirit ... |
| HOLY ORDERS | Bishop Candidates Priests from the diocese Community | In the bishop In the welcome by fellow priests Through the anointing with oil Through the acceptance within the community ... | The presence of the Holy Spirit in the life of the priest The service offered to the community The commitment to ministry... |
| ANOINTING OF THE SICK | Priest Person seeking healing Community (if conducted as a community celebration) | In the anointing of the person seeking healing Through the prayers and actions of the priest Through the faith and belief of the person Through the faith and belief of the community ... | The healing of those who are sick (in body, mind or spirit) The healing action of the Holy Spirit in the life of the individual The healing action of the Holy Spirit in the life of the community ... |

Explaining a Sacrament to an Alien

An alien from another planet has arrived at your church while the celebration of a sacrament is under way. The alien has asked you to explain what is happening. You are to discuss with your partner what you might tell the alien, and then record your joint answer in both of your books in the space below.

A large rectangular area with rounded corners, containing 20 horizontal dotted lines for writing.

A Letter to a Friend

A friend who lives in another city has asked you what the sacrament is all about. You are to write a letter explaining what the sacrament is about, who is involved and in what way the Holy Spirit is involved. You are to comment on how you think the Holy Spirit is important to the celebration of that particular sacrament. You are to discuss this with your partner and to write your letter together. Record it in both your books.

Sunday Is the Lord's Day

Let us pray

Catechist: Jesus, you rose from the dead on the first day of the week.

All: Help us to remember you and be with you each Sunday.

Catechist: Jesus, you promised that you would be with us always and especially in the 'breaking of bread'.

All: Help us to remember that you are with us every day and especially in the Eucharist.

Catechist: Jesus, be with us, teach us about the great love you have for us and bring us closer to you each time we celebrate the Eucharist. We ask this, knowing that you will hear us.

All: Amen.

A reading from Mark ...

And very early on the first day of the week, when the sun had risen, they went to the tomb. They had been saying to one another, 'Who will roll away the stone for us from the entrance to the tomb?' When they looked up, they saw that the stone, which was very large, had already been rolled back. As they entered the tomb, they saw a young man, dressed in a white robe, sitting on the right side; and they were alarmed. But he said to them, 'Do not be alarmed; you are looking for Jesus of Nazareth, who was crucified. He has been raised; he is not here. Look, there is the place they laid him' (Mark 16: 2-6).

Answer the following questions:

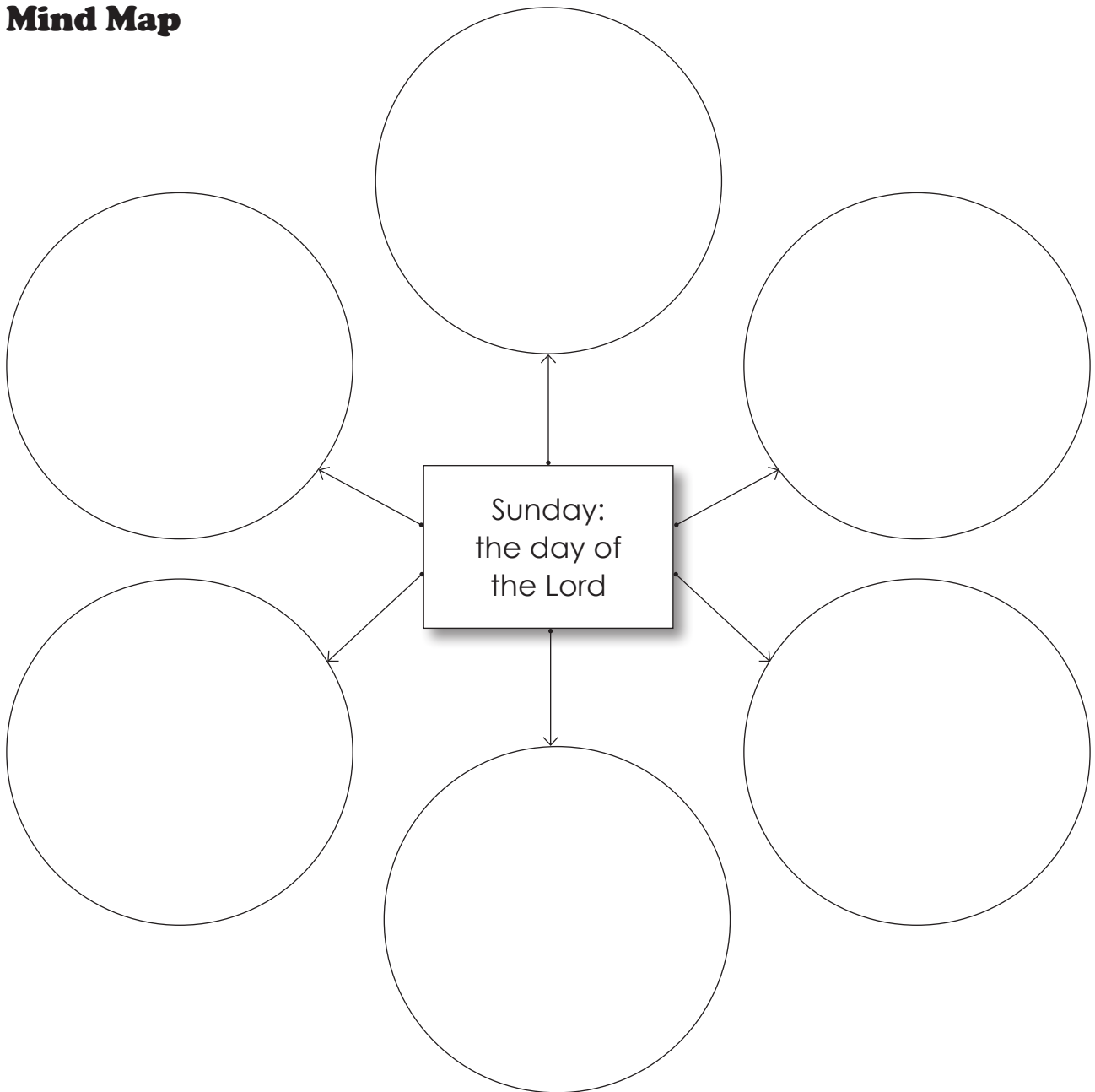
What is the name of the event described in the text above?

.....

What day of the week did this happen?

.....

Mind Map



SOMETHING TO REMEMBER



Let us pray

Catechist: Let us listen to the scripture text from Mark again.

And very early on the first day of the week, when the sun had risen, they went to the tomb. They had been saying to one another, 'Who will roll away the stone for us from the entrance to the tomb?' When they looked up, they saw that the stone, which was very large, had already been rolled back. As they entered the tomb, they saw a young man, dressed in a white robe, sitting on the right side; and they were alarmed. But he said to them, 'Do not be alarmed; you are looking for Jesus of Nazareth, who was crucified. He has been raised; he is not here. Look there is the place they laid him'.

(Mark 16: 2-6)

Catechist: Let us take a few moments of silence to reflect on the reading.

(pause)

Catechist: On Sunday, the day of resurrection, we celebrate Jesus' rising from the dead.

Students: Lord, help us to remember to keep this day special.

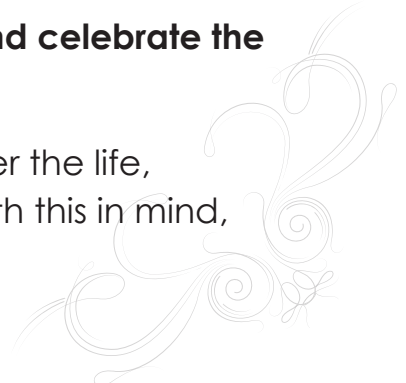
Catechist: On Sunday, the first day of the week, the Christian community gathers to give thanks.

Students: Lord, may we give thanks on this day for all the good things that happen to us during the week.

Catechist: Sunday is the Lord's day.

Students: Lord, help us to always rejoice in and celebrate the day of Jesus Christ's resurrection.

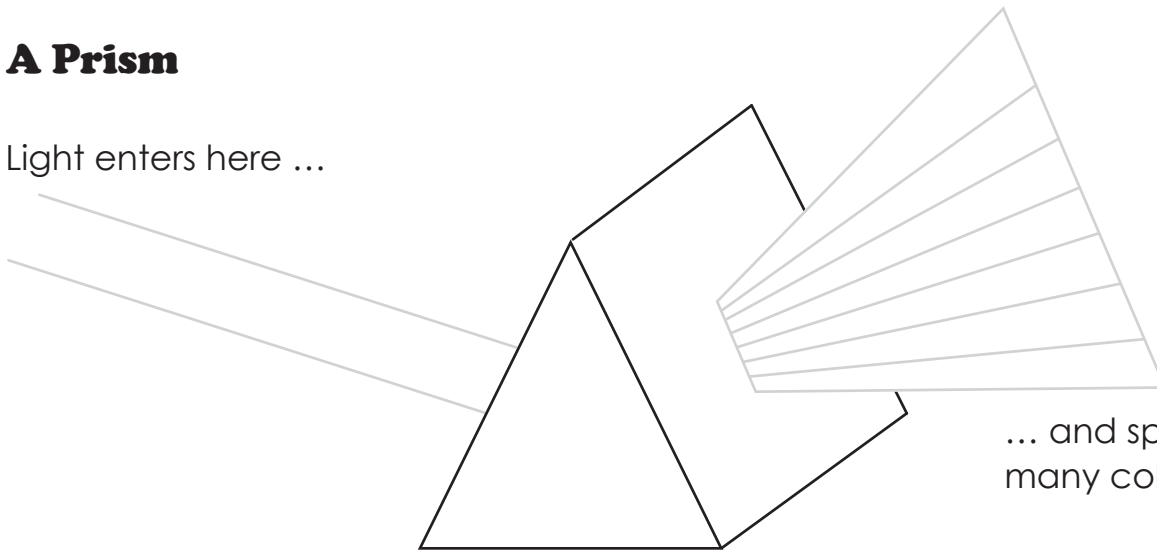
Catechist: On Sundays we gather to remember the life, death and resurrection of Jesus. With this in mind, let us join together in song.



Jesus Is With Us in the Eucharist

A Prism

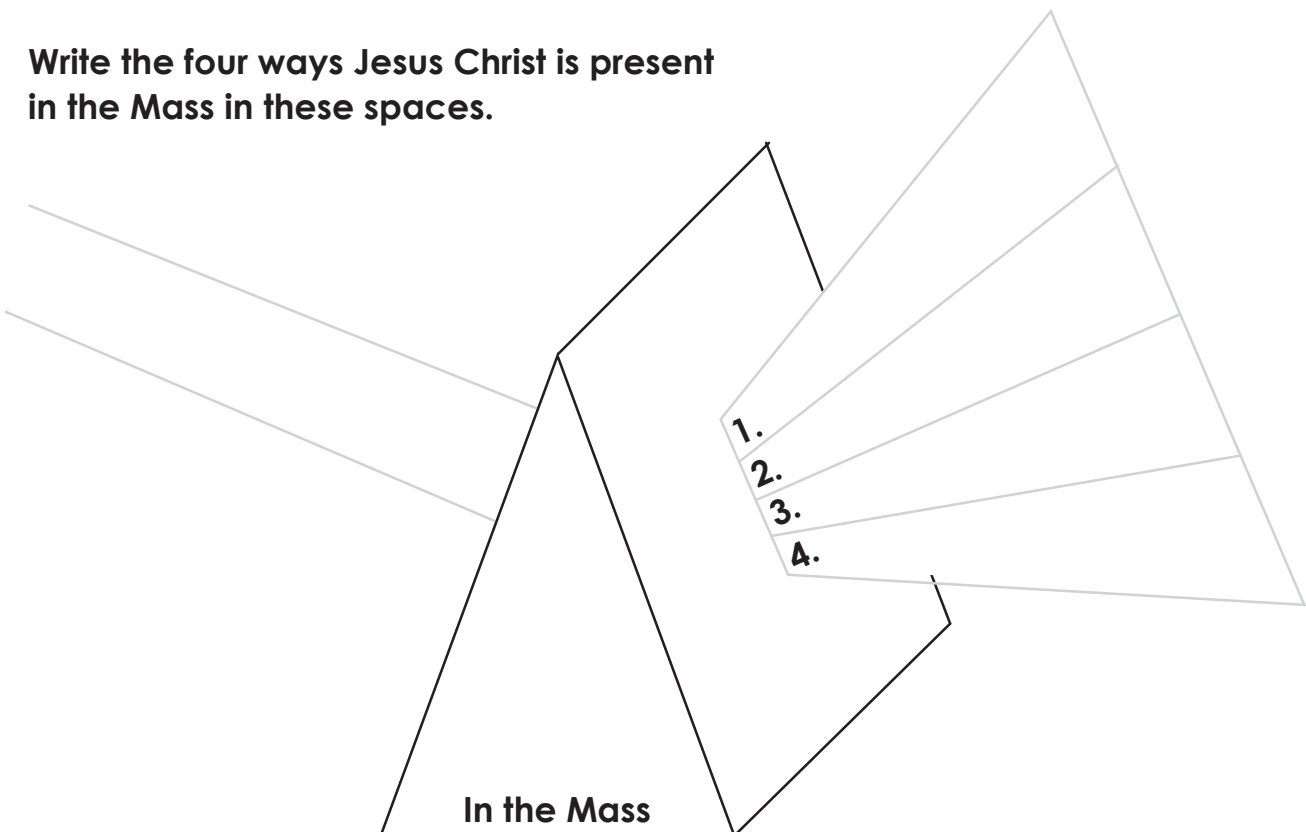
Light enters here ...



... and splits into many colours

passes through the prism

Write the four ways Jesus Christ is present
in the Mass in these spaces.



SOMETHING TO REMEMBER

Let us pray

Catechist:

God, our Father, may we always remember that Jesus, your son, died and rose again and he is present each time we go to Mass.

Students:

Glory to you, Lord God.

Catechist:

May we always remember that Jesus Christ is present in the priest, the word, and the people who gather and when the bread and wine are changed into his Body and Blood during the celebration of the Eucharist.

Students:

Glory to you, Lord God.

All:

**We make this prayer through Christ,
who is Lord forever and ever.**

Amen.

We Gather to Prepare for Mass

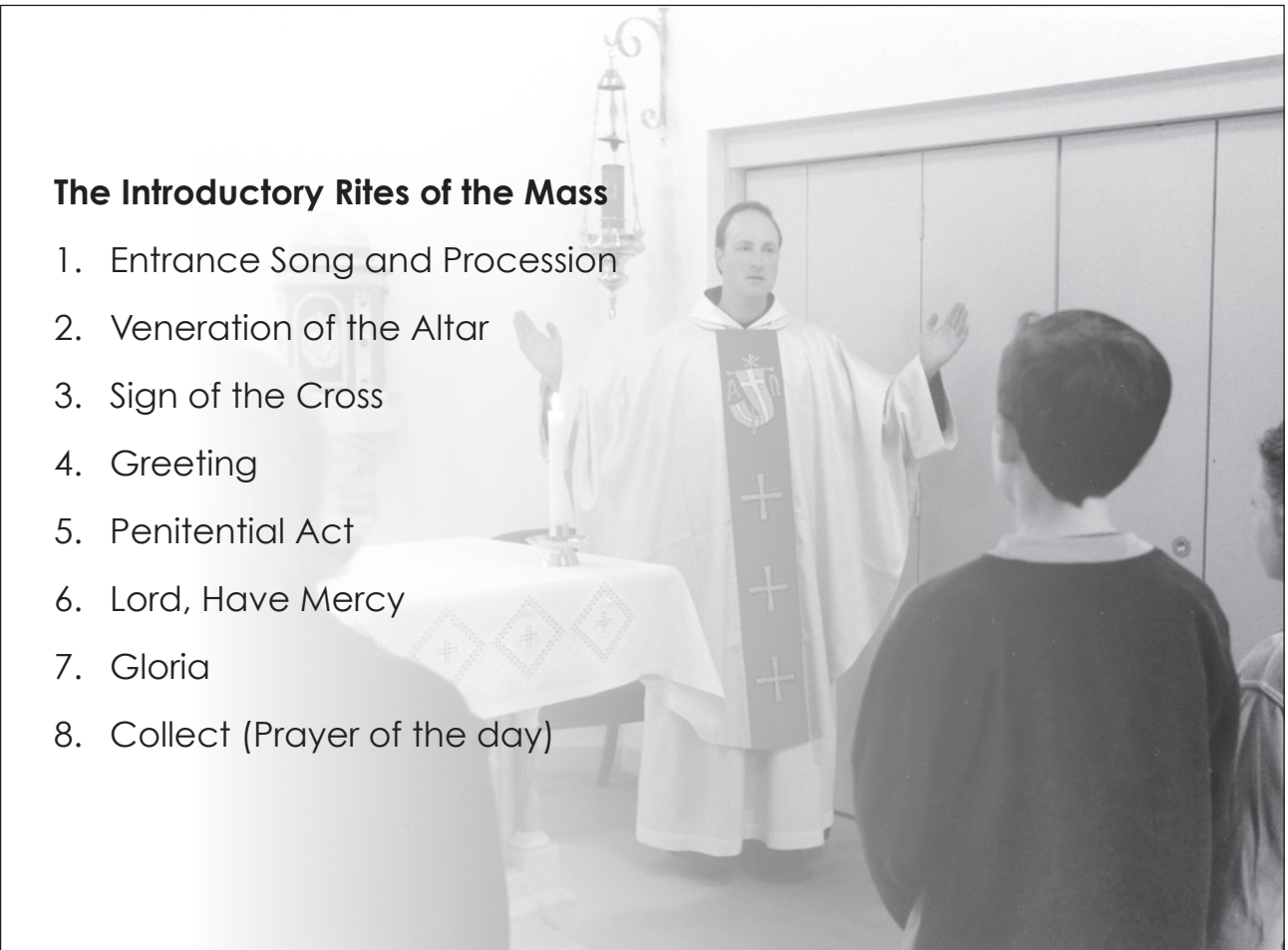
Let us pray

All:

Glory be to the Father,
and to the Son,
and to the Holy Spirit.
As it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

The Introductory Rites of the Mass

1. Entrance Song and Procession
2. Veneration of the Altar
3. Sign of the Cross
4. Greeting
5. Penitential Act
6. Lord, Have Mercy
7. Gloria
8. Collect (Prayer of the day)



The Gloria

Glory to God in the highest,
and on earth peace to people of good will.

We praise you,
we bless you,
we glorify you,

we give you thanks for your great glory,

Lord God, heavenly King,

O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,

Lord God, Lamb of God, Son of the Father,

you take away the sins of the world,

have mercy on us;

you take away the sins of the world,

receive our prayer;

you are seated at the right hand of the Father,

have mercy on us.

For you alone are the Holy One,

you alone are the Lord,

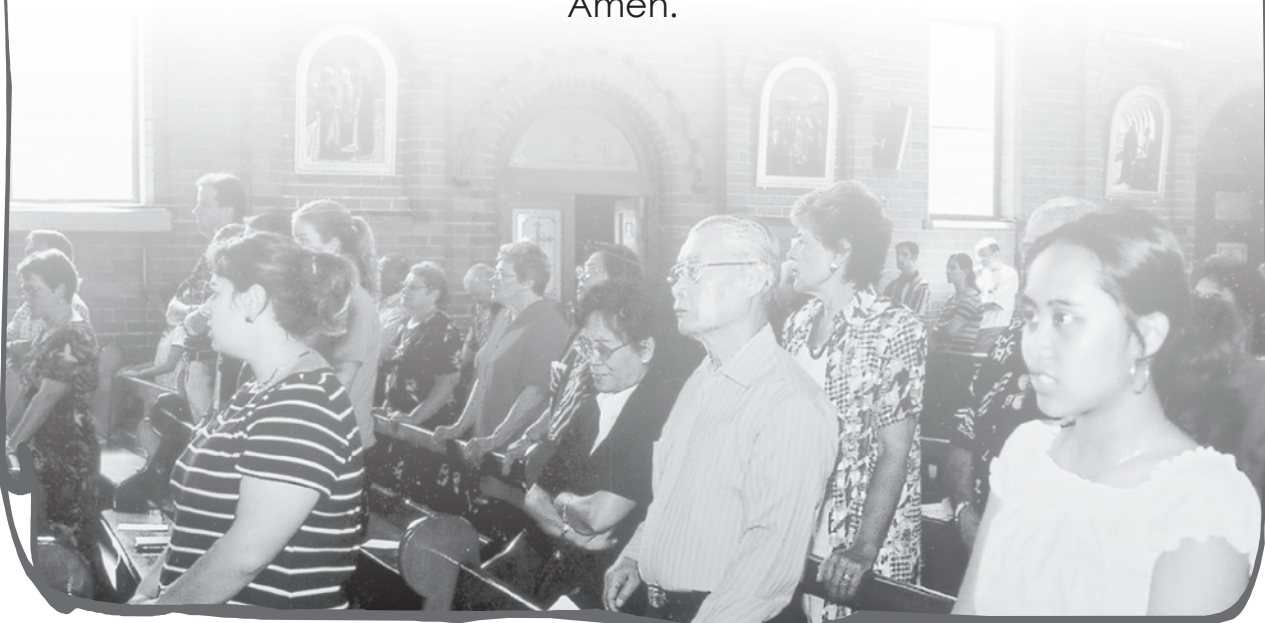
you alone are the Most High,

Jesus Christ,

with the Holy Spirit,

in the glory of God the Father.

Amen.



SOMETHING TO REMEMBER

The Introductory Rites

.....
.....
.....
.....

Let us pray

Catechist: Lord, have mercy.

All: Lord, have mercy.

Catechist: Christ, have mercy.

All: Christ, have mercy.

Catechist: Lord, have mercy.

All: Lord, have mercy.

Catechist: O God, who on this day,
through your Only Begotten Son,
have conquered death
and unlocked for us the path to eternity,
grant, we pray, that we who keep
the solemnity of the Lord's Resurrection
may, through the renewal brought by your Spirit,
rise up in the light of life.

Through our Lord Jesus Christ, your Son, who lives
and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

All: Amen.

The Liturgy of the Word

Let us pray

Catechist: Lord God, you gave us Jesus to help us understand more about you.

Students: Help us to hear your word.

Catechist: Lord God, the stories in the gospels help us get to know you better.

Students: Help us to hear your word.

Catechist: Lord God, Jesus tells us about you in the things he said and did, and his disciples wrote these stories for us to hear and learn more about you.

Students: Help us to hear your word.

Catechist: Lord God, we make these prayers through Christ, your Son.

All: Amen.

My definition of dialogue:

Outline of the Liturgy of the Word

First Reading

(listening to the word)

Responsorial Psalm

(our response)

Second Reading

(listening to the word)

Gospel Acclamation

(our response)

Gospel

(listening to the word)

AND ...

The homily by the priest

The Profession of Faith

The General Intercessions

The Liturgy of the Word Activity

First Reading

| |
|--------------------------------------|
| <p>God:</p> <p>We:</p> |
|--------------------------------------|

Responsorial Psalm

| |
|--------------------------------------|
| <p>We:</p> <p>God:</p> |
|--------------------------------------|

Second Reading

| |
|--------------------------------------|
| <p>God:</p> <p>We:</p> |
|--------------------------------------|

Gospel Acclamation

| |
|--------------------------------------|
| <p>We:</p> <p>God:</p> |
|--------------------------------------|

Gospel

| |
|--------------------------------------|
| <p>God:</p> <p>We:</p> |
|--------------------------------------|

I have learned today ...

Crossword

Clues

Across

- 3. Another name for gospel.
- 4. This Testament was written after Jesus' time.
- 5. Something that existed before something new.

Down

- 1. The stories and psalms we listen to that tell us about God. It is called the of God.
- 2. What we do after we have listened to the word of God.
- 3. Another name for good news.

| | | | | | | | |
|---|--|---|---|--|---|--|--|
| | | 1 | | | 2 | | |
| 3 | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | 4 | | |
| | | | 5 | | | | |

Let us pray

Reader: A reading from the Gospel of Mark.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news'. This is the word of the Lord.

All: **Thanks be to God.**

Catechist: Now let us think about all the things we have learned today. This reading tells us clearly that the message we listen to at Mass, the readings and the homily, are the good news of God. Take a few moments in silence to think about this.

Catechist: Let us pray to God, our Father, who made us and wants us to know all about him.

Reader 1: We pray for the Church community, that all the members will support each other as they work at following God's word. Lord, hear us.

All: **Lord, hear our prayer.**

Reader 2: We pray for our leaders, our Prime Minister, our principals, our school leaders and all those who are in a leadership role. May they always consider how they can best help and care for others. Lord, hear us.

All: **Lord, hear our prayer.**

Reader 3: We pray for the Pope, our leader in faith. May he keep good health and continue to turn to God for direction. Lord, hear us.

All: **Lord, hear our prayer.**

Reader 4: We pray for the sick, especially those we know. May they know that God is always with them, particularly in their pain and distress. Lord, hear us.

All: **Lord, hear our prayer.**

Catechist: Let us pray together:

All: **Grant, we pray, almighty God, that we might be aware of your gift of grace available to us each day. Assist us in hearing your word and listening to the good news you share with us in our lives, through each other and especially in the Liturgy of the Word. We make this prayer through Christ, our Lord. Amen.**

The Last Supper

Let us pray

Catechist: As I light this candle, we remember that Jesus Christ is with us as we pray. We remember that Jesus promised that he would be with us always. Let us now prepare to pray.

Jesus would have celebrated the Passover Seder meal many times during his life. On the night before he died, he celebrated a Seder meal with his disciples. We always refer to this meal as Jesus' 'Last Supper'.

Invite one student to hold up the bread.

Catechist: Let us pray the blessing for the bread:

All: Blessed are you, Lord God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life.

Blessed be God for ever.

Invite one student to hold up the grape juice

Catechist: Let us pray the blessing for the wine:

All: Blessed are you, Lord God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands, it will become our spiritual drink.

Blessed be God for ever.

Catechist: God of all goodness, we thank you for your gifts to us. We thank you especially for Jesus, your Son, who gave his life so that we might live with you forever. We make our prayer through Christ, our Lord.

All: Amen.

Read the scripture below and answer the questions on the following pages.

The Last Supper

Then came the day of Unleavened Bread, on which the Passover lamb had to be sacrificed. So Jesus sent Peter and John, saying, 'Go and prepare the Passover meal for us that we may eat it.' They asked him, 'Where do you want us to make preparations for it?' 'Listen,' he said to them, 'when you have entered the city, a man carrying a jar of water will meet you; follow him into the house he enters and say to the owner of the house, "The teacher asks you, 'Where is the guest room, where I may eat the Passover with my disciples?" He will show you a large room upstairs, already furnished. Make preparations for us there.' So they went and found everything as he had told them; and they prepared the Passover meal.

When the hour came, he took his place at the table, and the apostles with him. He said to them, 'I have eagerly desired to eat this Passover with you before I suffer; for I tell you, I will not eat it until it is fulfilled in the kingdom of God.' Then he took a cup, and after giving thanks he said, 'Take this and divide it among yourselves; for I tell you that from now on I will not drink of the fruit of the vine until the kingdom of God comes.' Then he took a loaf of bread, and when he had given thanks, he broke it and gave it to them, saying, 'This is my body, which is given for you. Do this in remembrance of me.' And he did the same with the cup after supper, saying, 'This cup that is poured out for you is the new covenant in my blood. But see, the one who betrays me is with me, and his hand is on the table. For the Son of Man is going as it has been determined, but woe to that one by whom he is betrayed!' Then they began to ask one another which one of them it could be who would do this.

(Luke 22: 7–23)



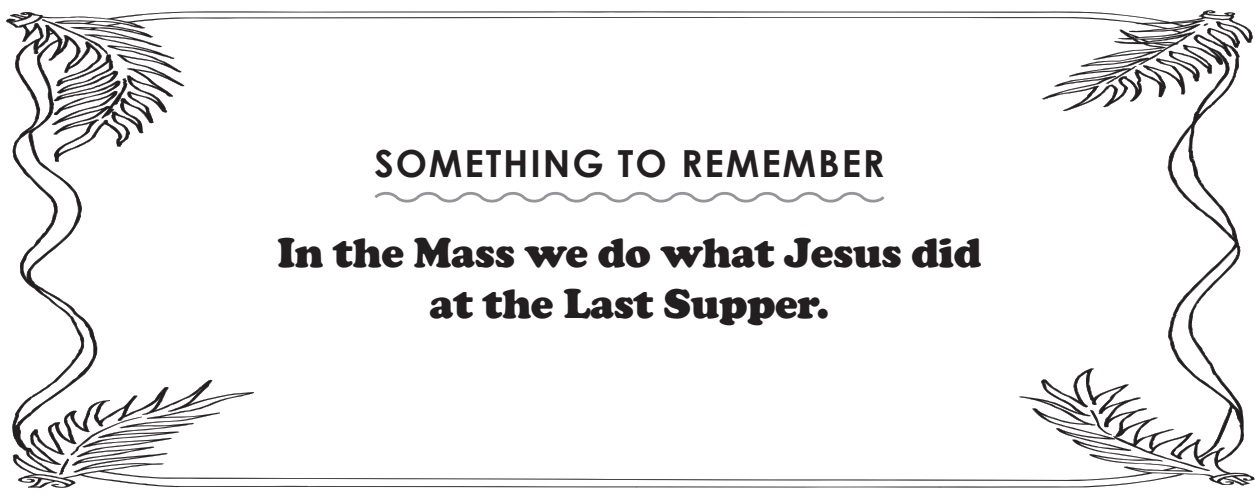
Last Supper – Story Grid

| Question | Response |
|--|----------|
| Where and when does this story take place? What tells you this? | |
| What does the author do to keep you interested, to create suspense? | |
| What are the main parts of the story? Could you leave anything out or rearrange the story? Why or why not? | |
| What does the author want you to know about Jesus? How does he do this? | |
| Is there a character that plays a small part? Why is the character necessary for the story? | |
| Who is telling the story? Could someone else tell the story? How might it be different? | |
| What question would you like to ask the author, Luke, about this story? | |

Last Supper – Story Grid (continued)

| Question | Response |
|---|----------|
| What did the story make you think about as you read it? Did it remind you of anything? What are the main ideas in the story? | |
| What is the general mood of the story? How do you feel when you read the story? | |
| Did the story end the way you expected? If you wrote another ending, what would it be? What else would you change in the story? | |

Jesus wants us to remember ...



Our Gifts of Bread and Wine

Let us pray

Those who ground the wheat:

Blessed are you, Lord God of all creation,
for through your goodness we have received
the bread we offer you:
fruit of the earth and work of human hands,
it will become for us the bread of life.

All:

Blessed be God for ever.

Those who crushed the grapes:

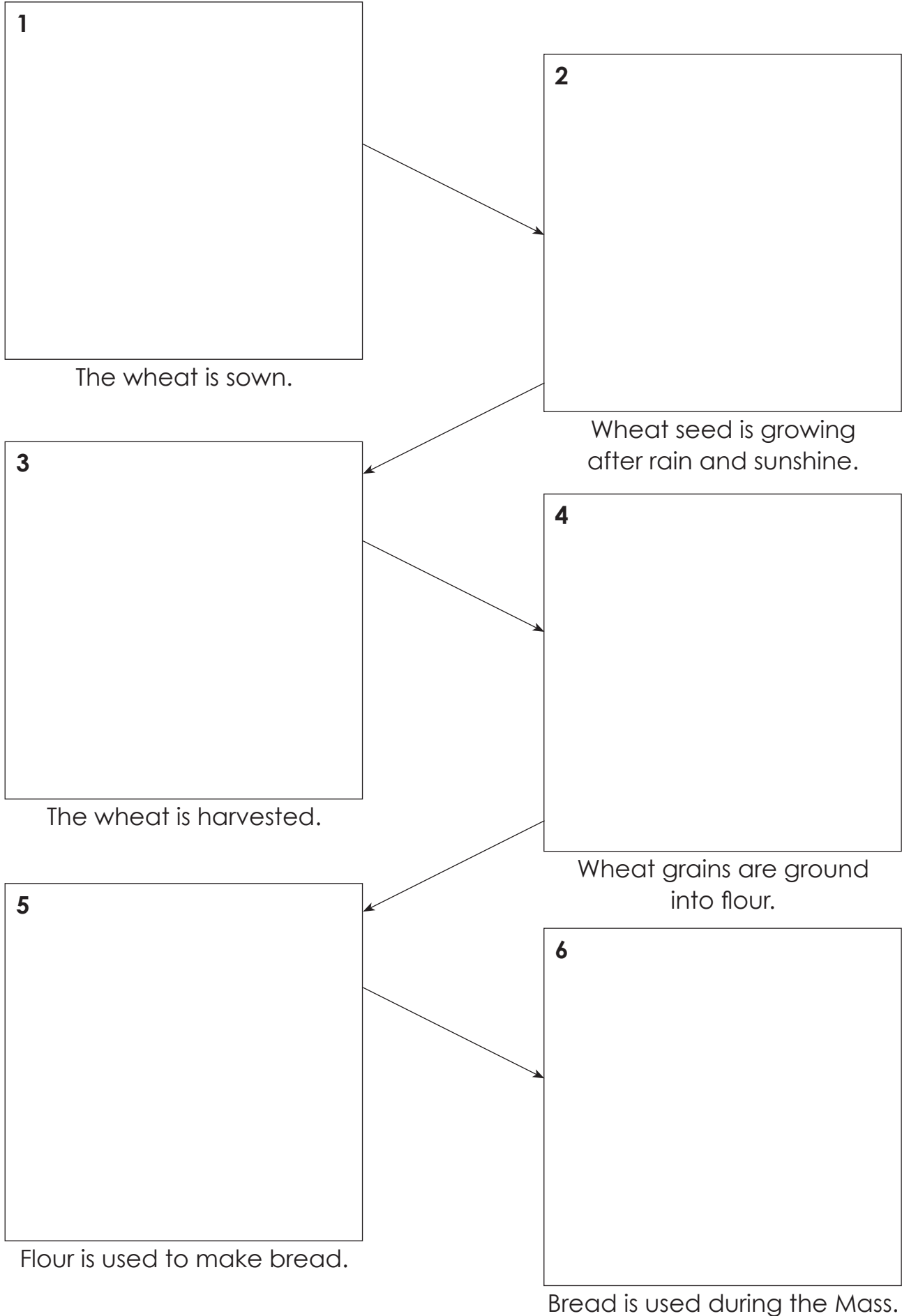
Blessed are you, Lord God of all creation,
for through your goodness we have received
the wine we offer you:
fruit of the vine and work of human hands,
it will become our spiritual drink.

All:

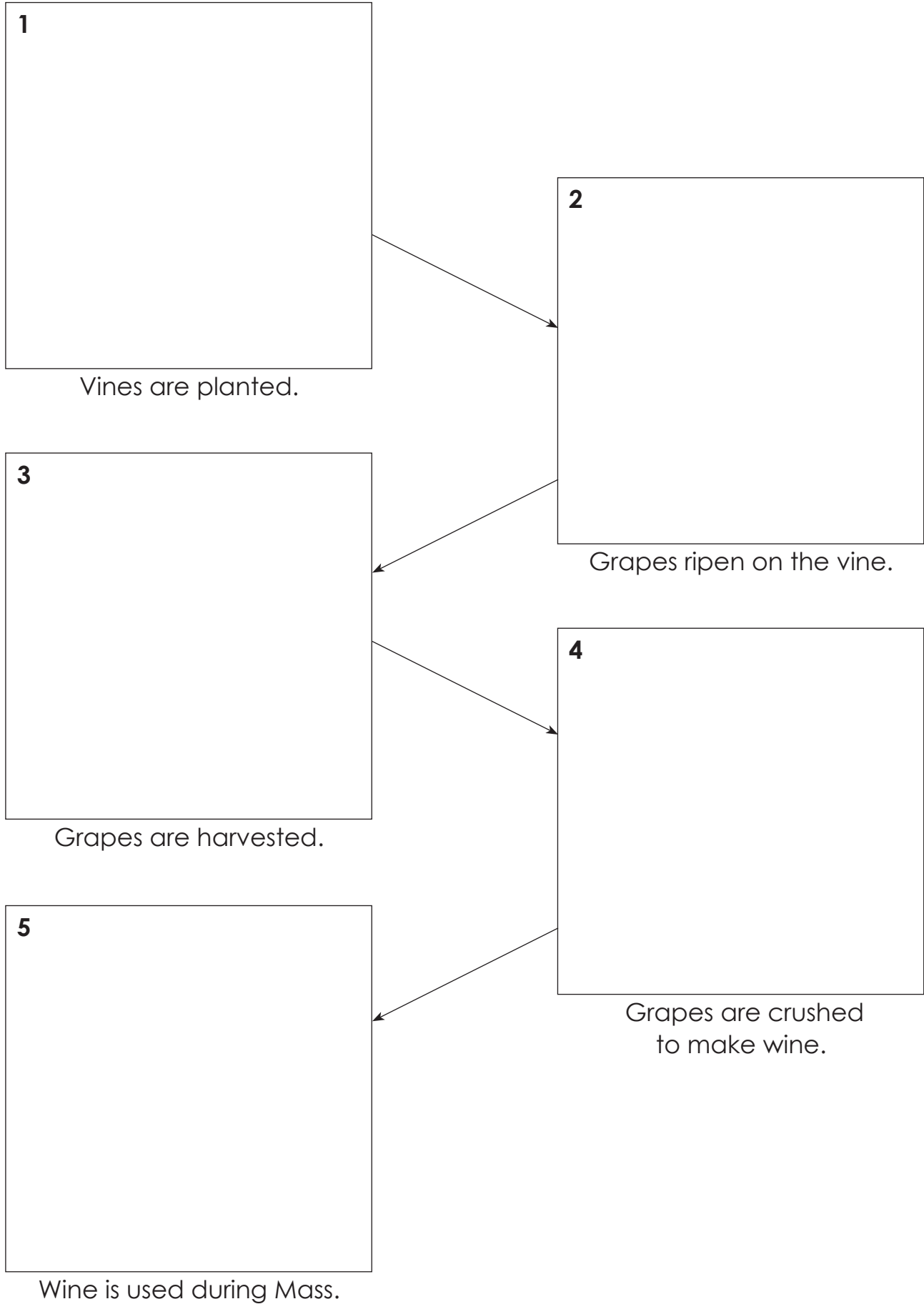
Blessed be God for ever.



The Story of Bread ...



The Story of Wine ...



Readings from John's Gospel

Jesus answered them,
'The hour has come for the
Son of Man to be glorified.
Very truly, I tell you, unless a
grain of wheat falls into the
earth and dies, it remains just
a single grain; but if it dies,
it bears much fruit.

(John 12: 23–24)

Live in me as I live in you.
Just as the branch cannot
bear fruit by itself unless it lives
in the vine, neither can you
unless you live in me. I am the
vine, you are the branches.
Those who live in me and I in
them bear much fruit.

(John 15: 4–5)

Let us pray

All: In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.

Catechist: Jesus Christ, bread of life.

All: Thank you, God, for the bread that becomes the body of Christ
that we will share in Communion.

Catechist: Jesus Christ, the true vine.

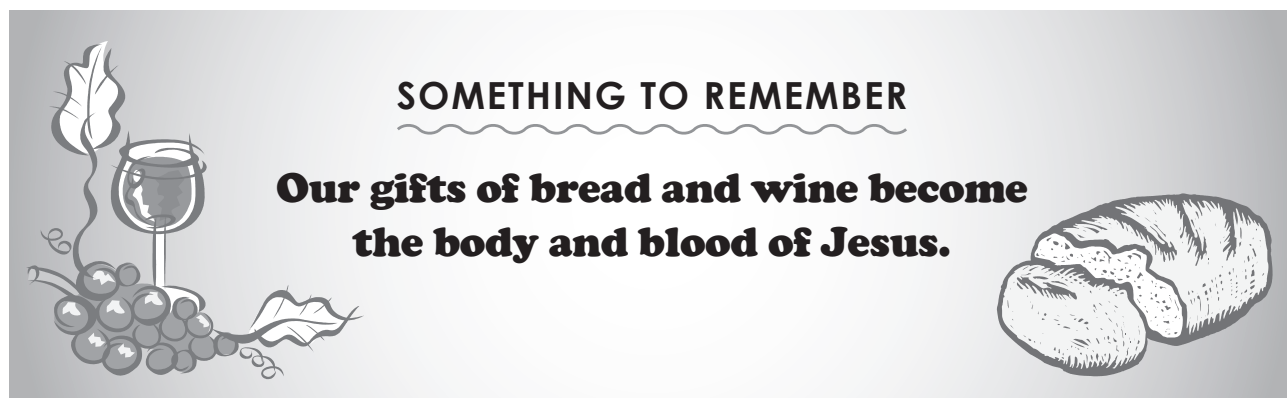
All: Thank you, God, for the wine that becomes the blood of Christ
that we will share in Communion.

Catechist: The bread and wine we give to God

All: Thank you, God, for letting us share in this great gift.

Catechist: Go in peace, glorifying the Lord by your life.

All: Thanks be to God!



The Liturgy of the Eucharist

Let us pray

Catechist: God, our Father, bring us together today so that we might hear your word and learn about your Son.

Students: Lord, help us to hear your word.

Catechist: God, our Father, may we gain an understanding of the Liturgy of the Eucharist and our oneness with Jesus, our brother, and each other.

Students: Lord, help us to understand.

Catechist: We make our prayer through Christ, our Lord.

All: Amen

SOMETHING TO REMEMBER

The Liturgy of the Eucharist begins with the Preparation of the Offerings and concludes with the Communion Rite.



Outline of the Liturgy of the Eucharist

Preparation of the Offerings

Priest: Blessed are you, Lord God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life.

All: Blessed be God for ever.

Priest: Blessed are you, Lord God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands, it will become our spiritual drink.

All: Blessed be God for ever.

Priest: Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

All: May the Lord accept the sacrifice at your hands, for the praise and glory of his name, for our good, and the good of all his holy Church.

Eucharistic Prayer II

Priest: The Lord be with you.

People: And with your spirit.

Priest: Lift up your hearts.

People: We lift them up to the Lord.

Priest: Let us give thanks to the Lord, our God.

People: It is right and just.

PREFACE (giving praise and thanks to God)

Priest: It is truly right and just, our duty and salvation, always and everywhere to give you thanks, Father most holy, through your beloved Son, Jesus Christ, your Word through whom you made all things, whom you sent as our Saviour and Redeemer, incarnate by the Holy Spirit and born of the Virgin. Fulfilling your will and gaining for you a holy people, he stretched out his hands as he endured his Passion, so as to break the bonds of death and manifest the resurrection. And so, with the Angels and all the Saints we declare your glory, as with one voice we acclaim:

**All: Holy, Holy, Holy Lord, God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

INSTITUTION NARRATIVE

Priest: You are indeed Holy, O Lord, the fount of all holiness. Make holy, therefore, these gifts, we pray, by sending down your Spirit upon them like the dewfall, so that they may become for us the Body + and Blood of our Lord, Jesus Christ.

At the time he was betrayed and entered willingly into his Passion, he took bread and, giving thanks, broke it, and gave it to his disciples, saying: **Take this, all of you, and eat of it: for this is my Body which will be given up for you.**

In a similar way, when supper was ended, he took the chalice and, once more giving thanks, he gave it to his disciples, saying: **Take this, all of you, and drink from it: for this is the chalice of my Blood, the blood of the new and eternal covenant, which will be poured out for you and for many for the forgiveness of sins. Do this in memory of me.**

Priest: The mystery of faith:

People: When we eat this Bread and drink this Cup, we proclaim your death, O Lord, until you come again.

Priest: Therefore, as we celebrate the memorial of his Death and Resurrection, we offer you, Lord, the Bread of life and the Chalice of salvation, giving thanks that you have held us worthy to be in your presence and minister to you. Humbly we pray that, partaking of the Body and Blood of Christ, we may be gathered into one by the Holy Spirit. Remember, Lord, your Church, spread throughout the world, and bring her to the fullness of charity, together with N. our Pope and N. our Bishop and all the clergy. Remember also our brothers and sisters who have fallen asleep in the hope of the resurrection and all who have died in your mercy: welcome them into the light of your face. Have mercy on us all, we pray, that with the blessed Virgin Mary, Mother of God, with the blessed Apostles, and all the Saints who have pleased you throughout the ages, we may merit to be co-heirs to eternal life, and may praise and glorify you through your Son, Jesus Christ.

Priest: Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

People: Amen.

Communion Rite

LORD'S PRAYER

Priest: At the Saviour's command and formed by divine teaching, we dare to say:

**All: Our Father, who art in heaven, hallowed be thy name;
thy kingdom come; thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses as we forgive those who trespass against us;
and lead us not into temptation, but deliver us from evil.**

Priest: Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

All: For the kingdom, the power, and the glory are yours, now and forever.

SIGN OF PEACE

Priest: Lord Jesus Christ, who said to your Apostles, Peace I leave you, my peace I give you, look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever.

All: Amen.

Priest: The Peace of the Lord be with you always.

All: And with your spirit.

Priest: Let us offer each other a sign of peace.

FRACTION RITE – 'BREAKING' OF THE BREAD

**All: Lamb of God, you take away the sins of the world: have mercy on us.
Lamb of God, you take away the sins of the world: have mercy on us.
Lamb of God, you take away the sins of the world: grant us peace.**

COMMUNION

Priest: Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

All: Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

Communion Minister: The body of Christ.

Communicant: Amen.

Communion Minister: The blood of Christ.

Communicant: Amen.

Communion Song

Period of Silence or Song of Praise

PRAYER AFTER COMMUNION

Priest: Let us pray ...

All: Amen.

Liturgy of the Eucharist Tasks

Task 1: Preparation of the Offerings

Without repeating the words used by the priest or people, describe what you think this part of the Liturgy of the Eucharist is about.

Task 2: The Eucharistic Prayer II

Complete this task on the pages handed out by the Catechist.

Task 3: Communion Rite

What name do we give to the prayer that Jesus gave us and that we say during the Communion Rite?

What is another name we give Jesus Christ that is used during this part of the Mass? We use this name in a special prayer after the priest breaks the bread.

What word do we say after we receive Communion that means 'yes'?

Sacrifice and Sacred Meal

Let us pray

Catechist: As we gather in this sacred place, our parish church, let us think about God, our Father, who sent his Son, Jesus, to be with us always. Let us say the Lord's Prayer together.

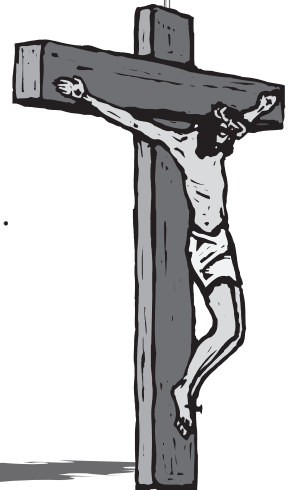
All: **Our Father ...**

Sacrifice before the time of Christ

In ancient times (before the time of Christ) people offered valuable animals, such as lambs, to God. Outside the Temple in Jerusalem they made a fire on an altar. Then a lamb, or even a bull, was placed on the fire and burnt as an offering to God. The flames and the smoke rose up to the heavens, to God. The people believed God would look kindly on them and forgive their sins, because of their sacrifice. This was known as a 'sacrifice' because the animal was given as a sacred gift to God.

Sacrifice in the Eucharist

Today, we have not needed to offer animals to God because Jesus Christ has sacrificed himself, has offered himself on a cross, his own Body and Blood, once and for all. Since Jesus was perfect, it was a perfect offering to God. Ever since then, in the Eucharist, we offer the gifts of bread and wine to God and receive them back from God as a sacred meal – the Body and Blood of Jesus Christ.



Prayer of Thanksgiving

Lord God, thank you for this wonderful gift of Christ, your Son, which I have received in Holy Communion.

May it strengthen my faith and help me to remember that you will be with me always.

I make this prayer through Christ, our Lord.

Amen.

Prayer of Thanksgiving

I give thanks to you, Lord, for your love is always with me.

I give thanks to you, Lord, for this bread and wine I have received in Holy Communion.

I give thanks to you, Lord, for the strength that this gives me.

Help me to take Christ Jesus to all whom I meet.

I make this prayer through Jesus Christ, your Son.

Amen.

My Prayer of Thanksgiving

(A name for God)

(I thank you for ...)

(I make this prayer through ...)

SOMETHING TO REMEMBER



**The Eucharist is both sacrifice
and sacred meal.**

Let us pray

Catechist:

Let us pray to God, our Father who gives us everything we need.
Let us listen to our prayers of thanks, which we offer to God in
anticipation of the special day of our First Communion.

Students:

Share their prayers of thanks.

All:

Amen.

Catechist:

We make all these prayers through Christ, our Lord.

All:

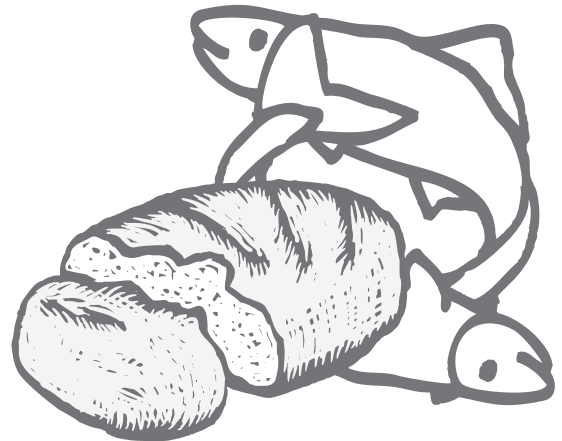
Amen.

Jesus, the Bread of Life

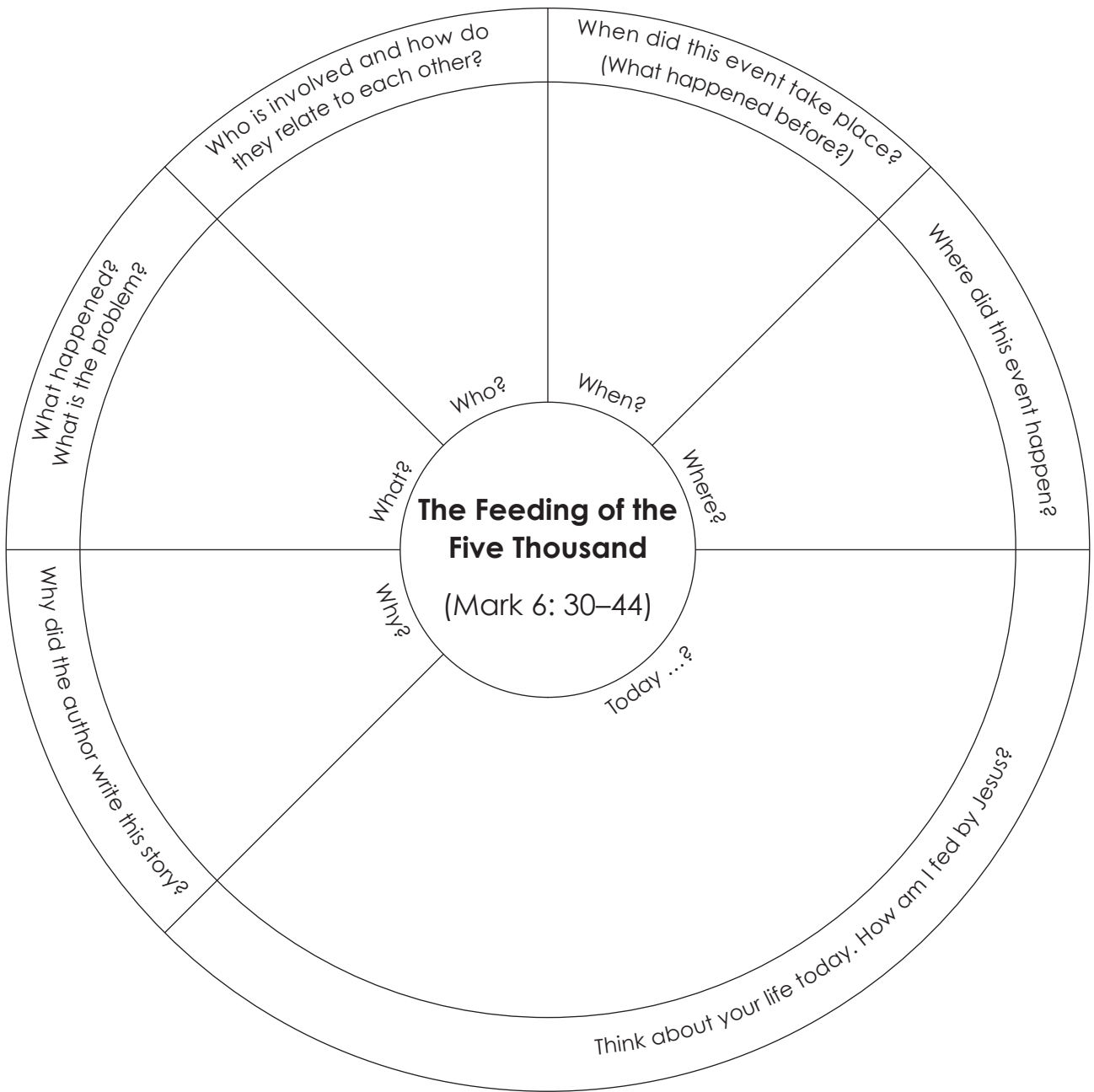
The Feeding of the Five Thousand

The apostles gathered around Jesus, and told him all that they had done and taught. He said to them, 'Come away to a deserted place all by yourselves and rest a while.' For many were coming and going, and they had no leisure even to eat. And they went away in the boat to a deserted place by themselves. Now many saw them going and recognised them, and they hurried there on foot from all the towns and arrived ahead of them. As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things. When it grew late, his disciples came to him and said, 'This is a deserted place, and the hour is now very late; send them away so that they may go into the surrounding country and villages and buy something for themselves to eat.' But he answered them, 'You give them something to eat.' They said to him, 'Are we to go and buy two hundred denarii worth of bread, and give it to them to eat?' And he said to them, 'How many loaves have you? Go and see.' When they had found out, they said, 'Five, and two fish.' Then he ordered them to get all the people to sit down in groups on the green grass. So they sat down in groups of hundreds and of fifties. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to his disciples to set before the people; and he divided the two fish among them all. And all ate and were filled; and they took up twelve baskets full of broken pieces and of the fish. Those who had eaten the loaves numbered five thousand men.

(Mark 6: 30–44)



The Feeding the Five Thousand Activity - Part 1



SOMETHING TO REMEMBER

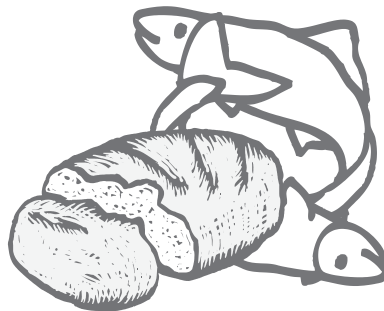
The Feeding the Five Thousand Activity – Part 2

1. How might Jesus have been feeling after he was teaching the five thousand?

2. In what part of the Mass does the priest use words similar to those Jesus uses when he blesses the loaves and fish?

3. In the scripture text on the previous page, underline in red the words Jesus uses when he takes the loaves and fish.

4. What do you think this story might be telling us?



Let us Pray

Jesus, you are the bread of life.
 You know all our needs.
 You show us how to love,
 and how to be generous.
 You feed us all with the Bread of life
 and you teach us to feed the hungry.
 In you we see God's love.
 Bless us today and every day.
 Amen.

Living as Jesus Taught Us

The Good Samaritan

But wanting to justify himself, he asked Jesus, 'And who is my neighbour?' Jesus replied, 'A man was going down from Jerusalem to Jericho, and fell into the hands of robbers, who stripped him, beat him, and went away, leaving him half dead. Now by chance a priest was going down that road; and when he saw him, he passed by on the other side. So likewise a Levite, when he came to the place and saw him, passed by on the other side. But a Samaritan while travelling came near him; and when he saw him, he was moved with pity. He went to him and bandaged his wounds, having poured oil and wine on them. Then he put him on his own animal, brought him to an inn, and took care of him. The next day he took out two denarii, gave them to the innkeeper, and said, "Take care of him; and when I come back, I will repay you whatever more you spend." Which of these three, do you think, was a neighbour to the man who fell into the hands of the robbers?' He said, 'The one who showed him mercy.' Jesus said to him, 'Go and do likewise.'

Luke 10: 29-37

As a group, identify what Jesus is telling us about living our lives and record it here:

The following event in my life is an example of me living Jesus' teaching:

Jesus' Commandment

If you abide in me, and my words abide in you, ask for whatever you wish, and it will be done for you. My Father is glorified by this, that you bear much fruit and become my disciples. As the Father has loved me, so I have loved you; abide in my love. If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love. I have said these things to you so that my joy may be in you, and that your joy may be complete.

This is my commandment, that you love one another as I have loved you. No one has greater love than this, to lay down one's life for one's friends. You are my friends if you do what I command you. I do not call you servants any longer, because the servant does not know what the master is doing; but I have called you friends, because I have made known to you everything that I have heard from my Father. You did not choose me but I chose you. And I appointed you to go and bear fruit, fruit that will last, so that the Father will give you whatever you ask him in my name. I am giving you these commands so that you may love one another.

John 15: 7-17

As a group, identify what Jesus is telling us about living our lives and record it here:

The following event in my life is an example of me living Jesus' teaching:

Love for Enemies

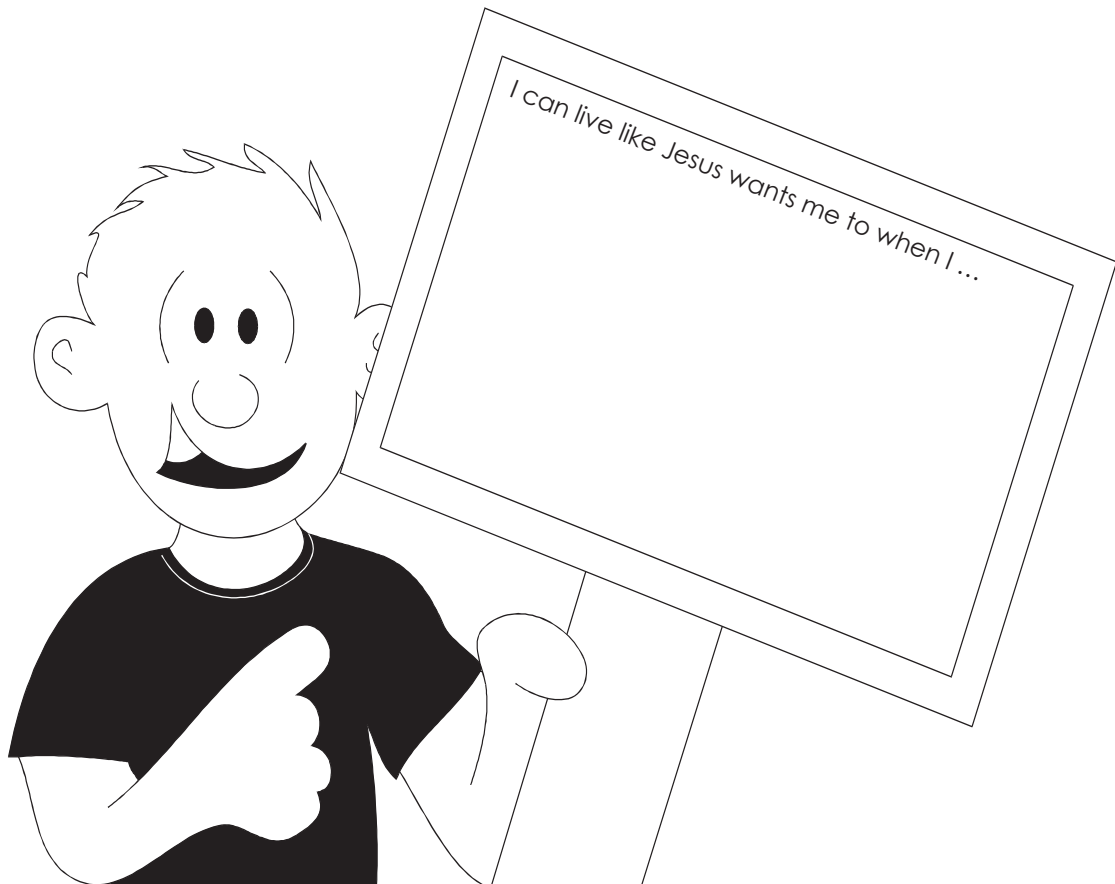
'You have heard that it was said, "You shall love your neighbour and hate your enemy." But I say to you, Love your enemies and pray for those who persecute you, so that you may be children of your Father in heaven; for he makes his sun rise on the evil and on the good, and sends rain on the righteous and on the unrighteous. For if you love those who love you, what reward do you have? Do not even the tax-collectors do the same? And if you greet only your brothers and sisters, what more are you doing than others? Do not even the Gentiles do the same? Be perfect, therefore, as your heavenly Father is perfect. Matthew 5: 43-48

As a group, identify what Jesus is telling us about living our lives and record it here:

The following event in my life is an example of me living Jesus' teaching:

Living as Jesus wants me to live ...

Write a sentence in the placard about how you can live as Jesus wants you to live.



The Concluding Rites

Priest:

The Lord be with you.

All:

And with your spirit.

Priest:

May almighty God bless you, the Father, the Son, and the Holy Spirit.

All:

Amen.

Priest:

Go in peace, glorifying the Lord by your life.

All:

Thanks be to God.

Let us pray

Catechist:

Jesus, your teaching guides our lives.

All:

Help us to follow your way.

Catechist:

Jesus, you teach us to love one another.

All:

Help us to show our care for others.

Catechist:

Jesus, your teaching shows us the path to life.

All:

Help us to be generous and kind.

Catechist:

Jesus, we see you in the poor and wounded.

All:

Open our eyes to your presence.

Catechist:

Let us go in peace, glorifying the Lord by our lives.

All:

Thanks be to God!

God Our Creator

Let us pray:

Catechist: In the name of the Father,

All: who brings life to the world. Help us to care for your creation today.

Catechist: And of the Son,

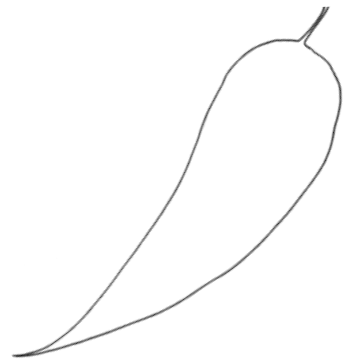
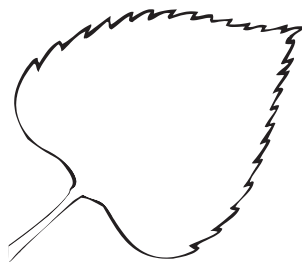
All: who shows us how to live. Help us to live as your followers today.

Catechist: And of the Holy Spirit,

All: who lives within us. Fill us with your gifts today.

Amen.

Categories



Some ways to start a prayer:

God, our creator, ...

God, in your goodness you ...

Spirit of God ...

God, you created all things ...

God, thank you ...

Some ways to end a prayer:

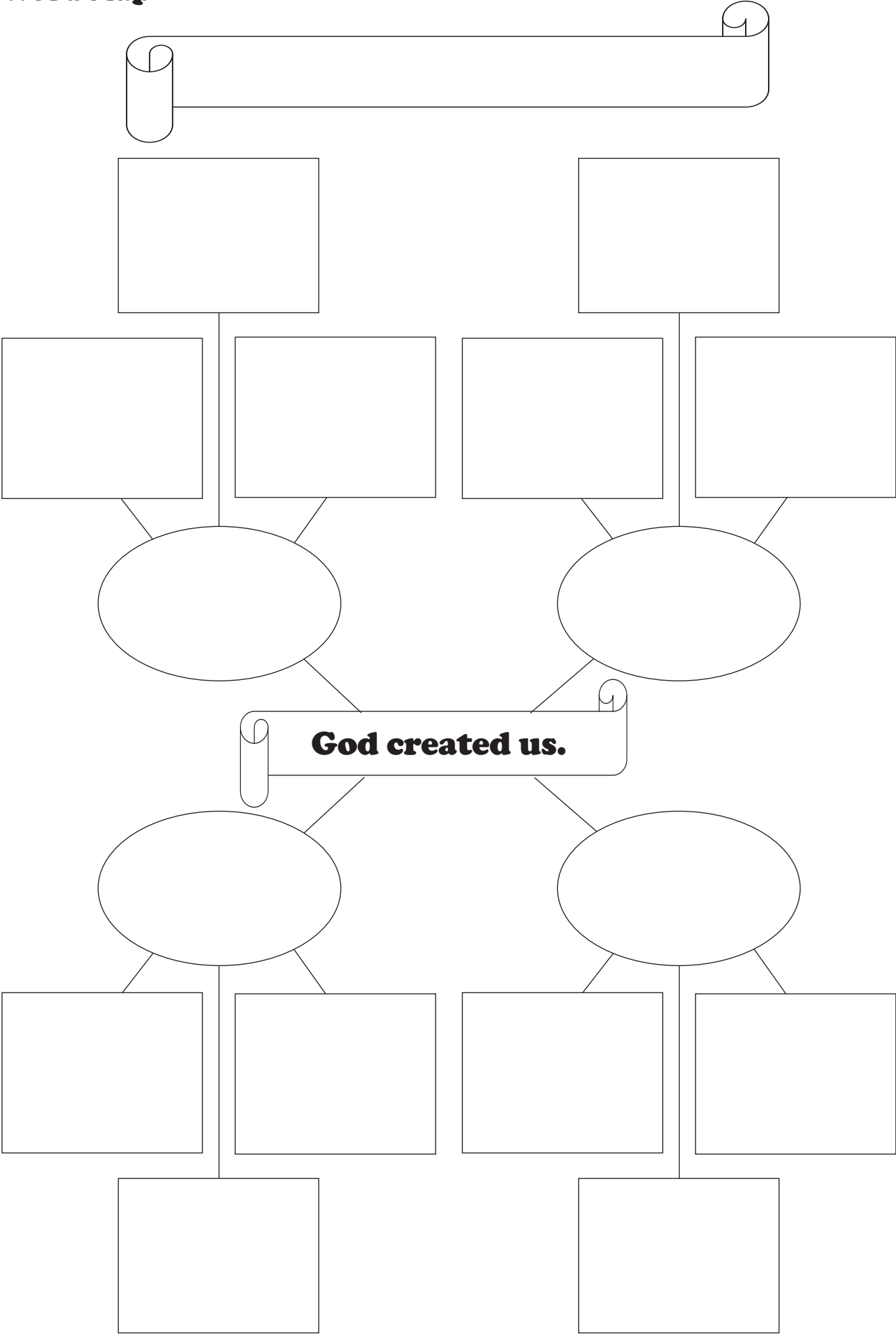
... we make this prayer through
Christ, our Lord. Amen

... in your name. Amen

... for ever and ever. Amen

... we ask this in the name of Jesus,
the Lord. Amen

Word Map



Prayer

Two Categories of Prayer

Formal

This is prayer that is planned for a group of people and is usually prayed together. It uses a standard set of prayers that people know or follow. Formal prayer is usually associated with the Church's celebration of the sacraments. Formal prayer can be used when any group gathers to pray, anywhere.

Informal

This is prayer that is often prayed alone, but can be prayed with others. This form of prayer does not have any set words or structure for the prayer. This can use traditional prayers, meditation or spontaneous prayer.

An example of formal prayer is

An example of informal prayer is

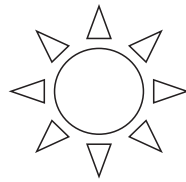
Forms of Prayer

TRADITIONAL PRAYERS

These are generally the prayers that we learn 'off by heart'. They are the prayers that are usually used for formal prayer, but they can be a part of the informal prayer as well. These prayers include the Our Father and the Hail Mary.

LITURGICAL PRAYER

This prayer is the official prayer of the Church. It is prayed by the community when celebrating the sacraments. It also includes the prayers set down by the Church called 'The prayer of the Church', or the Divine Office.



MEDITATION

This involves spending time quietly reflecting on Scripture, an image, a thought, inspirational writing or a prayer. Meditation requires a quiet place and silence. Meditation is most frequently practised by an individual in an informal setting, but can also be undertaken in a formal setting.

SPONTANEOUS PRAYER

When we speak to God our Father, Jesus, or the Holy Spirit, about what is in our hearts, then this is what is called 'spontaneous prayer'. Spontaneous prayer can be included in formal prayer times, but it is usually part of informal prayer and usually by an individual. These prayers are often about things that happen in our daily life.

Two Psalms Activity

Psalm 150

Praise the Lord!
Praise God in his sanctuary;
Praise him in his mighty firmament!
Praise him for his mighty deeds; praise him according to
his surpassing greatness!

Praise him with trumpet sound;
praise him with lute and harp!
Praise him with tambourine and dance;
praise him with strings and pipe!
Praise him with clanging cymbals; praise him with loud
clashing cymbals!
Let everything that breathes praise the Lord!
Praise the Lord!

Psalm 121

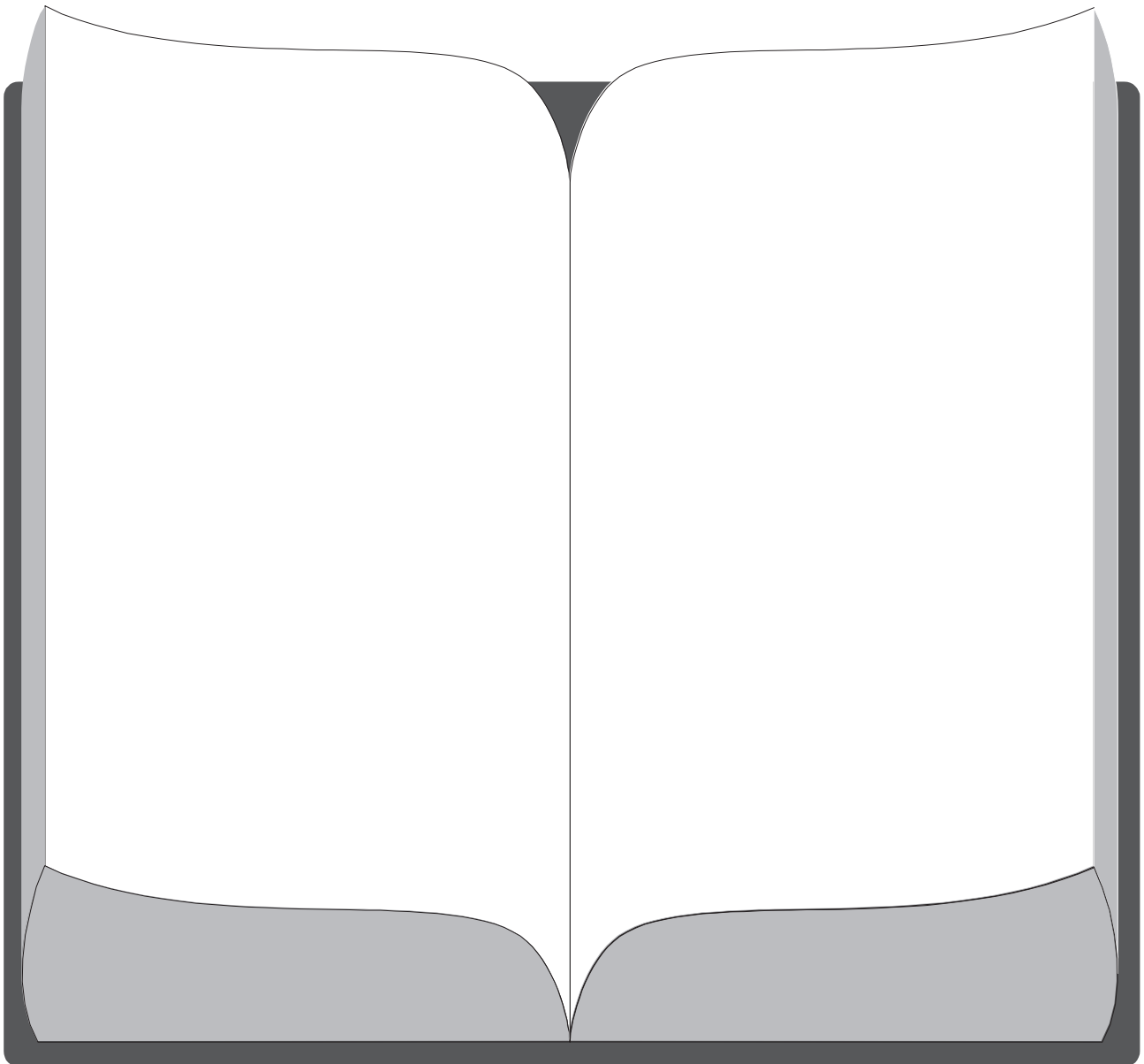
I lift up my eyes to the hills –
from where will my help come?
My help comes from the Lord,
who made heaven and earth.

He will not let your foot be moved;
he who keeps you will not slumber.
He who keeps Israel will neither slumber
nor sleep.

The Lord is your keeper;
the Lord is your shade at your right hand.
The sun shall not strike you by day,
nor the moon by night.

The Lord will keep you from all evil;
he will keep your life.
The Lord will keep your going out and your coming in
from this time on and forevermore.

My Psalm



SOMETHING TO REMEMBER



Mary, Model for Believers



The Hail Mary

Hail, Mary, full of grace,
the Lord is with you.

Blessed are you among women,
and blessed is the fruit of your womb, Jesus.

Holy Mary, Mother of God,
pray for us sinners,
now, and at the hour of our death.

Amen.

The Birth of Jesus Foretold

In the sixth month the angel Gabriel was sent by God to a town in Galilee called Nazareth, to a virgin engaged to a man whose name was Joseph, of the house of David. The virgin's name was Mary. And he came to her and said, 'Greetings, favoured one! The Lord is with you.' But she was much perplexed by his words and pondered what sort of greeting this might be. The angel said to her, 'Do not be afraid, Mary, for you have found favour with God. And now, you will conceive in your womb and bear a son, and you will name him Jesus. ... Mary said to the angel, 'How can this be, since I am a virgin?' The angel said to her, 'The Holy Spirit will come upon you, and ... therefore the child to be born will be ... called Son of God'. ... Then Mary said, 'Here am I,...let it be with me according to your word'. (Luke 1: 26-31)

Mary Visits Elizabeth

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leapt in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, 'Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leapt for joy. And blessed is she who believed that there would be a fulfilment of what was spoken to her by the Lord.' (Luke 1: 39-45)

The Wedding at Cana

On the third day there was a wedding in Cana of Galilee, and the mother of Jesus was there. Jesus and his disciples had also been invited to the wedding. When the wine gave out, the mother of Jesus said to him, 'They have no wine.' And Jesus said to her, 'Woman, what concern is that to you and to me? My hour has not yet come.' His mother said to the servants, 'Do whatever he tells you.' Now standing there were six stone water jars for the Jewish rites of purification, each holding twenty or thirty gallons. Jesus said to them, 'Fill the jars with water.' And they filled them up to the brim. He said to them, 'Now draw some out, and take it to the chief steward.' So they took it. When the steward tasted the water that had become wine, and did not know where it came from (though the servants who had drawn the water knew), the steward called the bridegroom and said to him, 'Everyone serves the good wine first, and then the inferior wine after the guests have become drunk. But you have kept the good wine until now.' Jesus did this, the first of his signs, in Cana of Galilee, and revealed his glory; and his disciples believed in him.

After this he went down to Capernaum with his mother, his brothers, and his disciples; and they remained there for a few days. (John 2: 1-12)

Mary is My Model for Living

Answer the following question in the space provided:

How does Mary's life help me live like Jesus wants?

.....

.....

.....

.....

.....

.....

.....

The Life of Jesus in the Liturgy

Something I know about Jesus

Stories about Jesus

Baptism of Jesus

Now when all the people were baptised, and when Jesus also had been baptised and was praying, the heaven was opened, and the Holy Spirit descended upon him in bodily form like a dove. And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased'. (Luke 3: 21-22)



What more does this story tell me about Jesus?

Draw a symbol to represent this story

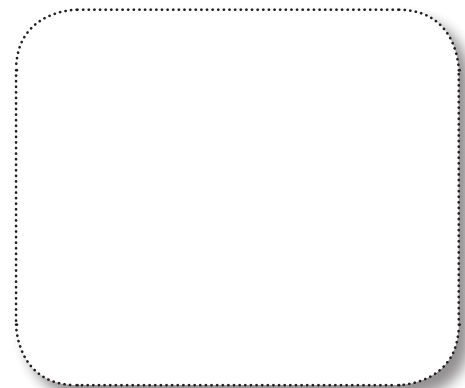
Jesus Washes the Disciples' Feet

Now before the festival of the Passover, Jesus knew that his hour had come to depart from this world and go to the Father. Having loved his own who were in the world, he loved them to the end. The devil had already put it into the heart of Judas, son of Simon Iscariot, to betray him. And during supper Jesus, knowing that the Father had given all things into his hands, and that he had come from God and was going to God, got up from the table, took off his outer robe, and tied a towel around himself. Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was tied around him. He came to Simon Peter, who said to him, 'Lord, are you going to wash my feet?' Jesus answered, 'You do not know now what I am doing, but later you will understand.' Peter said to him, 'You will never wash my feet.' Jesus answered, 'Unless I wash you, you have no share with me.' Simon Peter said to him, 'Lord, not my feet only but also my hands and my head!' Jesus said to him, 'One who has bathed does not need to wash, except for the feet, but is entirely clean. And you are clean, though not all of you.' For he knew who was to betray him; for this reason he said, 'Not all of you are clean.'



After he had washed their feet, had put on his robe, and had returned to the table, he said to them, 'Do you know what I have done to you? You call me Teacher and Lord – and you are right, for that is what I am. So if I, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. For I have set you an example, that you also should do as I have done to you. (John 13: 1–15)

What more does this story tell me about Jesus?



Draw a symbol to represent this story

Jesus Appoints the Twelve

He went up the mountain and called to him those whom he wanted, and they came to him. And he appointed twelve, whom he also named apostles, to be with him, and to be sent out to proclaim the message, and to have authority to cast out demons. (Mark 3: 13–5)



What more does this story tell me about Jesus?

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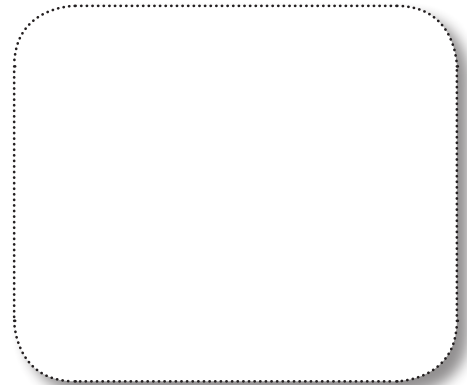
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Draw a symbol to represent this story

Let us pray

Catechist: Heavenly Father, today we've looked at different stories about Jesus' life and we have learned more about him.

Reader 1: God, our Father, you let us know that Jesus is your Son through his baptism.

All: **Help us to remember that Jesus is your Son.**

Reader 2: God, our Father, your Son cared for his disciples when they were struggling against the wind.

All: **Help us to remember that Jesus cares for others.**

Reader 3: God, our Father, Jesus, your Son, served his disciples by washing their feet.

All: **Help us to remember that Jesus served others.**

Reader 4: God, our Father, your Son, Jesus, chose twelve to be his friends and helpers.

All: **Help us to remember that Jesus wants us to be his friends and helpers.**

Catechist: We ask you this in the name of Jesus, your Son.

All: **Amen.**

SOMETHING TO REMEMBER

The Liturgy helps us remember the life of Jesus.

Jesus and Prayer

Let us pray

Catechist: Let us make the Sign of the Cross.

All: In the name of the Father ...

Catechist: Our response is: Jesus, help us to pray.

Students: Jesus, help us to pray.

Catechist: Jesus, our guide, by your example we learn how to pray.

Students: Jesus, help us to pray.

Catechist: Jesus, our brother, you want us to remain friends with you.

Students: Jesus, help us to pray.

Catechist: Jesus, we want to be close to you, to do what you want and spread your message to those around us.

Students: Jesus, help us to pray.

Catechist: Jesus, be with us and guide us in our prayer so that we might remain in your love. May we nurture our relationship with you by always turning to you in our lives. May we give time and attention to our prayer so that we come to know you more deeply.

All: Amen.



Friendship Charter

1. _____

2. _____

3. _____

4. _____

I can pray to Jesus

I will grow in my relationship with Jesus through prayer by ...

Let us pray

Catechist: When we pray we can talk to Jesus. When we talk to Jesus, we are growing in our friendship with him. Let us prepare ourselves to pray.

All: In the name of the Father .

Catechist: Jesus, may we grow in our relationship with you so that we might come to know you better.

Students: Jesus, help us to pray.

Catechist: Jesus, help us to pray, so that we might know more about God.

Students: Jesus, help us to pray.

SOMETHING TO REMEMBER

We can grow closer to Jesus through prayer.

The Church Is the People of God



Let us pray

Our Father,
who art in heaven.
Hallowed be thy name.
Thy kingdom come.
Thy will be done,
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those
who trespass against us.
And lead us not into temptation
but deliver us from evil.
Amen.

Let us pray

Catechist: Lord, God, you have invited us to be a part of your faith community. Help us to be true members of the Church.

Students: Lord, may we remember that we are the people of God, the Church.

Catechist: Lord, God, you give us gifts that will strengthen the Church when we use them to help others.

Students: Lord, help us to use our gifts wisely.

Catechist: Lord, God, be with us each day as we proclaim Jesus' message.

Students: Lord, help us to do and say that which will build up the Church.

All: In the name of the Father.

Information Card

The Church is the People of God

The Church is not just a building where people celebrate Mass on Sundays and special days.

The Church is made up of people. All people called by God to know God, and to have a friendship with God – if they choose to respond – become members of the Church .

When we were baptised we became members of the Church; we became one of the People of God.

Each of us has been given special gifts of the Holy Spirit by which we are able to respond to God.

There are many different groups in the Church, each with particular tasks. When each group responds to the call of God, they contribute to the wellbeing of the Church. All group members form part of the Church and the people of God.

- The ordinary people in the parish are part of the Church. All people have a special role to live their life as Jesus would want. God calls us to show the world Jesus' message: that we should love each other as God loves us. The ordinary person is called to live every day as a special gift from God and to be the Church for others.
- The priest who serves the faith community, celebrating the sacraments and caring for each parishioner's wellbeing, is a member of the Church.
- The bishop of the diocese, who serves the faith community as pastor and guide, is also a member of the Church. The bishop has responsibility for all the People of God in his diocese, supporting them in their faith.
- Pastoral associates are members of the Church and assist the parish priest in serving the faith community. They bring their special gifts to help visit the sick, and organise special programs for the people of the parish to strengthen their faith.
- Catechists, the people who teach the students who come for religion lessons after school or on the weekends, are members of the Church. Catechists help students discover what Jesus wants them to be and how they can respond to the call of God.
- The principals of Catholic schools are members of the Church. They serve the people of God. Principals show by the way they live, the way they speak and how they run the school, just what Jesus' message really means. They live their special gift of leadership.

All the baptised members of the faith community and all those called to be with God, are gathered by God into a visible community, which exists to proclaim Jesus Christ to the world.

Footprint Activity

Circle your second footprint activity and complete it below.

Create
a table

Draw a
diagram

Identify
the gifts

Compose
a song

Produce
a poster

John the Baptist

The Birth of John the Baptist

Your wife, Elizabeth, will bear you a son, and you will name him John. You will have joy and gladness, and many will rejoice at his birth, for he will be great in the sight of the Lord. He must never drink wine or strong drink; even before his birth he will be filled with the Holy Spirit. He will turn many of the people of Israel to the Lord, their God. With the spirit and power of Elijah he will go before him, to turn the hearts of parents to their children, and the disobedient to the wisdom of the righteous, to make ready a people prepared for the Lord.'

Now the time came for Elizabeth to give birth, and she bore a son ... [Zachariah said] 'His name is John'. (Luke 1: 13-17, 57, 63)

The Angel Speaks to Zachariah



The Story of John the Baptist

John the baptiser appeared in the wilderness, proclaiming a baptism of repentance for the forgiveness of sins. And people from the whole Judean countryside and all the people of Jerusalem were going out to him, and were baptised by him in the river Jordan, confessing their sins. Now John was clothed with camel's hair, with a leather belt around his waist, and he ate locusts and wild honey. He proclaimed, 'The one who is more powerful than I is coming after me; I am not worthy to stoop down and untie the thong of his sandals. I have baptised you with water; but he will baptise you with the Holy Spirit'.

(Mark 1: 4-8)

Scripture Analysis

| Text: Mark 1: 4-8 | The Story of John the Baptist |
|---|-------------------------------|
| <p>Who Who are the characters in the story? Who might John have been talking about?</p> | |
| <p>What What was happening in the story? What was each of the characters doing? What was said by the characters? What do you think was John's message?</p> | |
| <p>When When did the story take place? What happened immediately before and after?</p> | |
| <p>Where Where were the characters located in this story?</p> | |

The Story of John the Baptist (continued)

Then Jesus came from Galilee to John at the Jordan, to be baptised by him. John would have prevented him, saying, 'I need to be baptised by you, and do you come to me?' But Jesus answered him, 'Let it be so now; for it is proper for us in this way to fulfil all righteousness.' Then he consented. And when Jesus had been baptised, just as he came up from the water, suddenly the heavens were opened to him and he saw the Spirit of God descending like a dove and alighting on him. And a voice from heaven said, 'This is my Son, the Beloved, with whom I am well pleased.' (Matthew 3: 13-17)

Jesus and John the Baptist have a conversation



SOMETHING TO REMEMBER

During Advent we remember John the Baptist.

Christmas

The Birth of Jesus

Now the birth of Jesus the Messiah took place in this way. When his mother Mary had been engaged to Joseph, but before they lived together, she was found to be with child from the Holy Spirit. Her husband Joseph, being a righteous man and unwilling to expose her to public disgrace, planned to dismiss her quietly. But just when he had resolved to do this, an angel of the Lord appeared to him in a dream and said, 'Joseph, son of David, do not be afraid to take Mary as your wife, for the child conceived in her is from the Holy Spirit. She will bear a son, and you are to name him Jesus, for he will save his people from their sins.' All this took place to fulfil what had been spoken by the Lord through the prophet:

'Look, the virgin shall conceive and bear a son, and they shall name him Emmanuel', which means, 'God is with us.' When Joseph awoke from sleep, he did as the angel of the Lord commanded him; he took her as his wife.

(Matthew 1: 18–24)

Why did the gospel writer, Matthew, include this story in his gospel?

What message is this passage telling us?



The Visit of the Wise Men

In the time of King Herod, after Jesus was born in Bethlehem of Judea, wise men from the East came to Jerusalem, asking, 'Where is the child who has been born king of the Jews? For we observed his star at its rising, and have come to pay him homage.' When King Herod heard this, he was frightened, and all Jerusalem with him; and calling together all the chief priests and scribes of the people, he inquired of them where the Messiah was to be born. They told him, 'In Bethlehem of Judea; for so it has been written by the prophet:

"And you, Bethlehem, in the land of Judah, are by no means least among the rulers of Judah; for from you shall come a ruler who is to shepherd my people Israel". ' (Matthew 2: 1-6)

Why do you think Matthew included this story in his gospel?

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What is this story telling us about Jesus?

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.....

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Word Find

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| R | J | M | A | T | T | H | E | W | H | E | J |
| A | S | U | S | F | U | L | F | T | U | I | E |
| T | B | L | S | T | N | E | M | E | S | I | W |
| S | E | A | S | T | H | N | E | H | B | E | S |
| P | T | E | F | I | W | G | S | P | A | T | E |
| R | H | S | J | O | M | A | S | O | N | I | B |
| K | L | I | E | S | J | G | I | R | D | R | I |
| I | E | E | S | I | E | E | A | P | R | I | R |
| N | H | A | U | S | R | D | H | O | E | P | C |
| G | E | N | S | H | U | P | F | H | A | S | S |
| T | M | G | H | T | S | T | F | P | M | Y | D |
| I | A | E | E | R | A | H | E | E | O | L | L |
| S | R | L | R | I | L | N | O | S | I | O | I |
| I | Y | L | O | B | E | D | T | O | E | H | H |
| V | S | T | D | A | M | M | E | J | N | T | C |

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Find these words in the grid above (the words may be horizontal, vertical, forwards, backwards or diagonal) then colour the remaining squares. These letters will form a secret message. Write the message in the 'Something to Remember' space below.

ANGEL
BETHLEHEM
BIRTH
CHIEF PRIESTS
CHILD
DREAM

EAST
ENGAGED
HEROD
HOLY SPIRIT
HUSBAND

JERUSALEM
JESUS
JEWS
JOSEPH
KING

MARY
MATTHEW
MESSIAH
PROPHET
SCRIBES

SON
STAR
VISIT
WIFE
WISE MEN

SOMETHING TO REMEMBER

References

The graphic organiser on page 17 is adapted from Dan White et al. 2006, *Deep Thinking, An "Essential" for Learning – A Handbook of Practical Teaching Strategies for the Thinking Classroom*, KD Publications, Marayong, 2006, page 82.

